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# Comparative Assessment of Alternative Techniques for Improving Energy Efficiency and Reducing Pollutant Emissions in Shipping

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A thesis submitted in partial fulfillment of the requirements  
for the Diploma degree in  
**PRODUCTION ENGINEERING AND MANAGEMENT**

by

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## Abstract

The escalating environmental crisis has prompted a significant transformation in industrial operations, including those in the maritime sector. In response to global climate goals and stringent international regulations, the shipping industry must reduce its greenhouse gas emissions and enhance energy efficiency by 2050. This thesis presents a comparative assessment of conventional fuels, alternative fuels, and zero-emission energy sources used in maritime transport. The analysis opens with an overview of traditional marine fuels and the regulatory framework governing emissions. It then explores emerging low- and zero-carbon fuel options and evaluates their technological, environmental, and economic viability. In addition, innovative energy optimization techniques—such as air lubrication, hybrid propulsion, and waste heat recovery—are examined for their potential to support decarbonization. A comparative analysis of these strategies highlights their respective benefits, challenges, and implementation prospects, aiming to guide informed decision-making in the maritime industry's transition to sustainability.

**Keywords:** maritime industry, energy efficiency, emission reduction, shipping emissions, alternative fuels, zero-emission fuels, sustainable shipping

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## List of Acronyms

|                       |   |
|-----------------------|---|
| <b>HFO</b>            | Heavy Fuel Oil                                    |
| <b>MDO</b>            | Marine Diesel Oil                                 |
| <b>MGO</b>            | Marine Gas Oil                                    |
| <b>GHGs</b>           | Greenhouse Gases                                  |
| <b>SO<sub>x</sub></b> | Sulfur Oxides                                     |
| <b>NO<sub>x</sub></b> | Nitrogen Oxides                                   |
| <b>LPG</b>            | Liquefied Petroleum Gas                           |
| <b>ECAs</b>           | Emission Control Areas                            |
| <b>IMO</b>            | International Maritime Organization               |
| <b>IFO</b>            | Intermediate Fuel Oils                            |
| <b>EEDI</b>           | Efficiency Design Index                           |
| <b>EEXI</b>           | Energy Efficiency Existing Ship Index             |
| <b>CII</b>            | Carbon Intensity Indicator                        |
| <b>MEPC</b>           | Marine Environment Protection Committee           |
| <b>DCS</b>            | Data Collection System                            |
| <b>GT</b>             | Gross Tonnage                                     |
| <b>SEEMP</b>          | Ship Energy Efficiency Management Plan            |
| <b>AER</b>            | Annual Efficiency Ratio                           |
| <b>cgDIST</b>         | Carbon Intensity per Distance                     |
| <b>EEOI</b>           | Estimated Energy Efficiency Operational Indicator |
| <b>CCS</b>            | Carbon Capture and Storage                        |
| <b>PM</b>             | Particulate Matter                                |
| <b>SCR</b>            | Selective Catalytic Reduction                     |
| <b>VOCs</b>           | Volatile Organic Compounds                        |
| <b>IAPP</b>           | International Air Pollution Prevention            |
| <b>EGCS</b>           | Exhaust Gas Cleaning Systems                      |
| <b>EEXI</b>           | Energy Efficiency Existing Ship Index             |
| <b>MEPC</b>           | Marine Environment Protection Committee           |
| <b>EEOI</b>           | Energy Efficiency Operational Indicator           |
| <b>ETS</b>            | Emissions Trading System                          |
| <b>LNG</b>            | Liquefied Natural Gas                             |
| <b>CNG</b>            | Compressed Natural Gas                            |
| <b>TEA</b>            | Techno-Economic Assessment                        |
| <b>LCA</b>            | Life Cycle Assessment                             |
| <b>DAC</b>            | Direct Air Capture                                |
| <b>CAPEX</b>          | Capital Expenditure                               |
| <b>OPEX</b>           | Operational Expenditure                           |
| <b>VLSFO</b>          | Very Low Sulfur Fuel Oils                         |
| <b>ULS MGO</b>        | Ultra-Low Sulfur Marine Gas Oil                   |
| <b>DMA</b>            | Distillate Marine Fuel                            |
| <b>ETS</b>            | Emissions Trading System                          |
| <b>CFD</b>            | Computational Fluid Dynamics                      |
| <b>PEMFCs</b>         | Proton Exchange Membrane Fuel Cells               |
| <b>SOFCs</b>          | Solid Oxide Fuel Cells                            |
| <b>ILUC</b>           | Indirect Land Use Change                          |
| <b>TRLs</b>           | Technology Readiness Levels                       |
| <b>LOHCs</b>          | Liquid Organic Hydrogen Carriers                  |

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|               |   |
|---------------|---|
| <b>SCR</b>    | Selective Catalytic Reduction               |
| <b>HEFA</b>   | Hydroprocessed Esters and Fatty Acids       |
| <b>RED II</b> | Renewable Energy Directive II               |
| <b>DAC</b>    | Direct Air Capture                          |
| <b>ESS</b>    | Energy Storage Systems                      |
| <b>BMS</b>    | Battery Management Systems                  |
| <b>PMS</b>    | Power Management Systems                    |
| <b>WHRS</b>   | Waste Heat Recovery Systems                 |
| <b>ORC</b>    | Organic Rankine Cycle                       |
| <b>TEGs</b>   | Thermoelectric Generators                   |
| <b>PBCF</b>   | Propeller Boss Cap Fins                     |
| <b>CPP</b>    | Controllable Pitch Propellers               |
| <b>SSE</b>    | Shore-Side Electricity                      |
| <b>AFIR</b>   | Alternative Fuels Infrastructure Regulation |

# 1 Introduction

Shipping is the lifeblood of global trade; it carries more than 80% of world trade goods and products [1]. Conventional shipping is based on vessels powered by internal combustion engines that consume fossil fuels such as Heavy Fuel Oil (HFO) and Marine Diesel Oil (MDO). It is hence one of the significant sources of GHGs emissions, SO<sub>x</sub>, NO<sub>x</sub>, and Particulate Matter (PM) [2].

The maritime industry is now under even greater environmental scrutiny due to public concerns about the environment, coupled with global climate commitments, and the industry is being pushed to move away from a defensive stance and towards cleaner and more energy-efficient operations [3]. Regulations such as MARPOL Annex VI, the Efficiency Design Index (EEDI), the Energy Efficiency Existing Ship Index (EEXI), and the Carbon Intensity Indicator (CII) impose ambitious goals for emissions and energy efficiency for both new and existing vessels.

Simultaneously, several alternative and zero-emission fuels, such as Liquefied Natural Gas (LNG), biofuels, ammonia, and hydrogen, are being considered to reduce the shipping industry's environmental impact. In parallel, innovative energy optimization techniques, including air lubrication systems, waste heat recovery, and renewable energy integration, are emerging as secondary measures in achieving emissions targets [3], [4].

This thesis conducts a comprehensive assessment of conventional fuels, alternative and zero-emission fuels, and energy optimization techniques in the maritime transport sector. By comparing these approaches, it aims to highlight their respective environmental benefits, operational challenges, and implementation feasibility.

## **Objectives of the Thesis:**

- Analyze the current landscape of conventional marine fuels and their environmental impact.
- Examine international and regional regulatory frameworks driving emissions reduction and energy efficiency.
- Evaluate the feasibility and effectiveness of alternative and zero-emission fuels.
- Identify innovative energy optimization techniques for ships and assess their practical application.
- Provide an informed comparative assessment to guide decision-making in the maritime sector's transition toward sustainability.

Following the introduction, this thesis will be structured as follows: Chapter 2 outlines the current marine fuel options and their technical properties. Chapter 3 details the evolving regulatory landscape, highlighting both IMO and regional measures. Chapter 4 and 5 introduce alternative and zero-emission fuels, respectively, while Chapter 6 explores additional innovative energy efficiency technologies. Finally, Chapter 7 presents a comparative assessment, synthesizing the findings to offer practical insights for the maritime sector's decarbonization journey.

## 2 Overview of Current Maritime Fuels

The propulsion of commercial vessels has traditionally relied on fossil-derived marine fuels due to their high energy density and widespread availability. This chapter outlines the primary types of shipping fuel and their associated environmental impacts.

### 2.1 Marine Engines

First developed back in 1892, the diesel engine was invented by Rudolf Diesel. The first compression ignition engine, a two-cycle diesel, later referred to as a four-stroke engine, was built in 1904 and was adapted for marine propulsion by 1906. By the 1930s, the introduction of two-stroke diesel engines marked a significant technological advancement, offering greater power output and improved thermal efficiency due to their larger size and simpler design.

Today, in the shipping industry, the most prevalent engine type is the marine diesel engine, which serves both as a source of propulsion and electricity. Cargo vessels predominantly employ low- and medium-speed diesel engines for propulsion. In contrast, certain high-speed passenger vessels, such as ferries or cruise ships, may utilize steam or gas turbines to meet specific performance requirements. However, adopting these alternative engines is limited, as they are generally less fuel-efficient than diesel engines.

Marine diesel engines are typically categorized into **three** classes based on their operating speed [5]:

- *Slow-speed engines (< 350 rpm)*: These are the most significant engines used in shipping and are designed to run on HFO. They are known for their fuel efficiency and suitability for long-haul operations.
- *Medium-speed engines (350-750 rpm)*: These engines can function as central propulsion units or auxiliary generators, balancing performance and efficiency.
- *High-speed engines (> 750 rpm)*: Characterized by compact size and high power output, these engines are used in applications where weight and responsiveness are critical.

## 2.2 Main Fuels

Over time, diesel engine technology was further developed and improved, enabling the use of HFO as a viable energy source. The MV Princess of Vancouver achieved a notable milestone in this evolution, becoming the first vessel to operate medium-speed trunk piston engines on heavy fuel oil successfully. As the reliability of such systems was demonstrated, diesel-powered ships utilizing residual fuels quickly gained acceptance across the maritime industry. By the late 1960s, motor ships had outnumbered steamships and overtaken them in terms of total cargo-carrying capacity, marking a decisive shift in marine propulsion technology [6].

### 2.2.1 Crude Processing

Crude oil consists of a complex mixture of hydrocarbons and minor quantities of impurities, including sulfur, nitrogen, and metals. It is typically classified based on hydrocarbon composition, API gravity, and sulfur content. These characteristics determine the crude's quality and the refining methods required to process it effectively.

Refining crude oil yields over 2,000 distinct petroleum products through a series of thermal and chemical processes. The initial and most fundamental step in the refining sequence is atmospheric distillation, in which crude oil is heated and introduced into a distillation column. Here, the various hydrocarbon components are separated based on their boiling points. Lighter fractions—including Liquefied Petroleum Gas (LPG), gasoline, naphtha, kerosene, and light fuel oils—are vaporized and collected at the upper levels of the column. These lighter products have the lowest boiling points and are condensed and drawn off at the top.

The full range of products resulting from crude oil refining is depicted in Figure 2.1, which illustrates the relationship between temperature gradients and fraction separation. The heavier fractions that remain after atmospheric distillation undergo vacuum distillation, a secondary process conducted under reduced pressure. This technique enables the extraction of heavier distillates without subjecting the crude to excessively high temperatures, which could lead to thermal cracking or product degradation. As the distillation progresses from top to bottom, the boiling points and densities of the collected products increase accordingly [7].



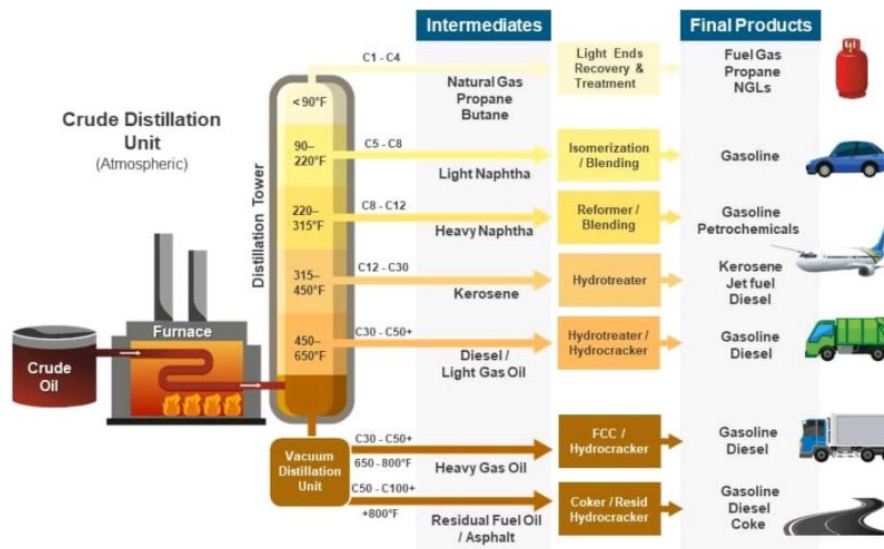


Figure 2.1: Crude Oil Distillation Process and Product Derivation in Petroleum Refineries [8].

## 2.3 Heavy Fuel Oil

Heavy fuel oils (HFO) are primarily used in slow- and medium-speed marine diesel engines, which operate under conditions that allow for higher tolerances to viscosity and contamination. These engines are typically found on large commercial vessels such as cargo ships and bulk carriers, prioritizing operational efficiency and fuel economy over combustion cleanliness.

As previously discussed in 2.2.1, HFO is a residual product from crude oil distillation characterized by extremely high viscosity and sulfur content. To meet operational and regulatory requirements, HFO must often undergo further refining or be blended with lighter distillates to reduce viscosity. It must also be preheated for adequate circulation through the ship's fuel system. Fuels with a sulfur content exceeding 1% by weight are classified as high-sulfur fuels and are subject to stricter environmental regulations.

Standardization of marine fuels is governed by frameworks such as ISO 8217 and ASTM D2069, which define fuel grades based on their chemical composition, viscosity, and residual content. Grades are designated by *RMA*, *RMB*, *RMD*, and *RML*, each indicating specific limits on viscosity and permissible contaminants. A visual summary of these fuel classifications and their key characteristics is provided in Figure 2.2.

Among the most widely used are Intermediate Fuel Oils (IFO) blends, which are mixtures of HFO and diesel oil. These fuels are classified by their viscosity at 5°C—the typical temperature for handling and pumping. The most common IFO grades are:

- IFO-180 (12% diesel, 88% HFO): Lower viscosity and cleaner combustion but more costly.
- IFO-380 (2% diesel, 98% HFO): Bunker C is the most widely used bunkering fuel.

| Test                  | Unit        | Test Method |            |               | Limits | Grade  |        |        |         |         |         |         |         |         |         |         |  |
|-----------------------|-------------|-------------|------------|---------------|--------|--|--------|--------|---------|---------|---------|---------|---------|---------|---------|---------|--|
|                       |             | ASTM        | IP         | ISO           |        | RMA 10   | RMB 30 | RMD 80 | RME 180 | RMG 180 | RMG 380 | RMG 500 | RMG 700 | RMK 380 | RMK 500 | RMK 700 |  |
| Viscosity at 50°C     | mm²/s (cSt) | D445        | 71         | 3104          | max.   | 10.00  | 30.00  | 80.00  | 180.0   | 180.0   | 380.0   | 500.0   | 700.0   | 380.0   | 500.0   | 700.0   |  |
| Density at 15°C       | kg/m³       | D1298       | 160        | 3675 or 12185 | max.   | 920.0  | 960.0  | 975.0  | 991.0   | 991.0   | 991.0   | 991.0   | 991.0   | 1010.0  | 1010.0  | 1010.0  |  |
| CCAI                  | –           | Calculated  |            |               | max.   | 850  | 860    | 860    | 860     | 870     | 870     | 870     | 870     | 870     | 870     | 870     |  |
| Sulphur               | mass %      | D4294       | 336        | 8754, 14596   | max.   | Statutory requirements   |        |        |         |         |         |         |         |         |         |         |  |
| Flash point           | °C          | D93         | 34         | 2719          | min.   | 60.0   | 60.0   | 60.0   | 60.0    | 60.0    | 60.0    | 60.0    | 60.0    | 60.0    | 60.0    | 60.0    |  |
| Hydrogen sulphide     | mg/kg       | –           | 570        | –             | max.   | 2.00   | 2.00   | 2.00   | 2.00    | 2.00    | 2.00    | 2.00    | 2.00    | 2.00    | 2.00    | 2.00    |  |
| Acid number           | mg KOH/g    | D664        | –          | –             | max.   | 2.5  | 2.5    | 2.5    | 2.5     | 2.5     | 2.5     | 2.5     | 2.5     | 2.5     | 2.5     | 2.5     |  |
| Total sediment aged   | mass %      | –           | 390        | 10307-2       | max.   | 0.10   | 0.10   | 0.10   | 0.10    | 0.10    | 0.10    | 0.10    | 0.10    | 0.10    | 0.10    | 0.10    |  |
| Carbon residue, micro | mass %      | D4530       | 398        | 10370         | max.   | 2.50   | 10.00  | 14.00  | 15.00   | 18.00   | 18.00   | 18.00   | 18.00   | 20.00   | 20.00   | 20.00   |  |
| Pour point            |             |             |            |               |        |  |        |        |         |         |         |         |         |         |         |         |  |
| Winter quality        | °C          | D97         | 15         | 3016          | max.   | 0  | 0      | 30     | 30      | 30      | 30      | 30      | 30      | 30      | 30      | 30      |  |
| Summer quality        | °C          | D97         | 15         | 3016          | max.   | 6  | 6      | 30     | 30      | 30      | 30      | 30      | 30      | 30      | 30      | 30      |  |
| Water                 | volume %    | D95         | 74         | 3733          | max.   | 0.30   | 0.50   | 0.50   | 0.50    | 0.50    | 0.50    | 0.50    | 0.50    | 0.50    | 0.50    | 0.50    |  |
| Ash                   | mass %      | D482        | 4          | 6245          | max.   | 0.040  | 0.070  | 0.070  | 0.070   | 0.100   | 0.100   | 0.100   | 0.100   | 0.150   | 0.150   | 0.150   |  |
| Vanadium              | mg/kg       | –           | 501, 470   | 14597         | max.   | 50   | 150    | 150    | 150     | 350     | 350     | 350     | 350     | 450     | 450     | 450     |  |
| Sodium                | mg/kg       | –           | 501, 470   | –             | max.   | 50   | 100    | 100    | 50      | 100     | 100     | 100     | 100     | 100     | 100     | 100     |  |
| Aluminium + silicon   | mg/kg       | D5184       | 501, 470   | 10478         | max.   | 25   | 40     | 40     | 50      | 60      | 60      | 60      | 60      | 60      | 60      | 60      |  |
| Used lubricating oil  |             |             |            |               |        | The fuel shall be free of ULO.<br>A fuel shall be considered to contain ULO when either one of the following conditions is met: Calcium > 30 and zinc > 15 or calcium > 30 and phosphorus > 15 |        |        |         |         |         |         |         |         |         |         |  |
| Calcium + zinc        | mg/kg       | –           | 501 or 470 | –             | –      |  |        |        |         |         |         |         |         |         |         |         |  |
| Calcium + phosphorus  | mg/kg       | –           | 500        | –             | –      |  |        |        |         |         |         |         |         |         |         |         |  |

Figure 2.2: Classification of marine fuels based on ISO 8217 standards. The table outlines the designation codes, categories, viscosity limits at 50°C, and usage remarks for distillate and residual marine fuels. Adapted from ISO 8217:2017 – Petroleum products – Fuels (class F) – Specifications of marine fuels [9].

- IFO-460: The most viscous grade commonly available at major ports.

The ISO 8217 standard provides technical specifications to guide fuel producers, suppliers, and shipowners in ensuring compatibility with marine diesel engines, helping to optimize performance while maintaining environmental compliance [9].

## 2.4 Transition to Very Low Sulfur Fuel Oils (VLSFO)

Following the reduction of the global sulfur limit from 3.5% to 0.5% *m/m* in January 2020, ship operators and fuel suppliers adapted by developing Very Low Sulfur Fuel Oils (VLSFO). These fuels are typically produced by blending low-sulfur residual fractions with lighter distillates to achieve compliance while maintaining desirable combustion and handling properties [10].

VLSFO blends have demonstrated varying chemical and physical characteristics, including:

- **Viscosity and Stability:** VLSFO can range from low to moderate viscosity (often between 30–380 cSt at 50°C), with some blends exhibiting reduced stability due to asphaltene precipitation risks when mixed with incompatible fuels.
- **Cold Flow Properties:** The pour point of VLSFO can vary significantly, sometimes requiring additional heating to maintain pumpability in cold climates.

- **Compatibility:** Due to the blending of components from different refining streams, VLSFO fuels may not be compatible when mixed onboard, necessitating segregation and careful fuel management.

## 2.5 Use of Ultra-Low Sulfur Marine Gas Oil (ULS MGO)

For operations within ECAs, marine gas oils with sulfur content below 0.1%  $m/m$ , known as Ultra-Low Sulfur Marine Gas Oil (ULS MGO), have become the fuel of choice. ULS MGO is a distillate product that offers excellent combustion quality and negligible SO<sub>x</sub> emissions. While its use minimizes regulatory compliance risks, it comes at a higher cost compared to residual fuels and requires close attention to lubricity and viscosity, particularly in engines designed initially for higher-viscosity fuels [11].

The blending practices required to produce compliant fuels such as VLSFO and ULS MGO have introduced new concerns regarding fuel quality:

- **Cat Fines:** Catalytic fines (aluminum and silicon particles) originating from the refining process can remain in the fuel, posing severe wear risks to engine components. Routine fuel testing and onboard purification systems are crucial in mitigating these risks.
- **Water and Sediment:** Higher levels of water or sediments can compromise combustion and lead to engine deposits or corrosion.
- **Lubricity Concerns:** Lower sulfur fuels inherently have reduced lubricity, increasing the potential for fuel pump and injector wear unless mitigated by lubricity additives.

## 2.6 Marine Diesel Oil

Rising concerns over SO<sub>x</sub> emissions from ships have accelerated the transition from high-sulfur residual marine fuels to cleaner alternatives. In particular, Marine Gas Oil (MGO) and MDO—both distillate fuels with significantly lower sulfur content—are increasingly used to meet international environmental regulations, especially in ECAs.

Marine Diesel Oil (MDO) is a key fuel in the global maritime industry, used widely in central propulsion systems and auxiliary engines. Derived through the distillation of crude oil, MDO is engineered for operational reliability, fuel efficiency, and compatibility with a wide range of marine engine types. Its quality and composition are regulated under the ISO 8217 standard, which defines performance and contamination thresholds for marine fuels [9].

MDO is typically classified into several grades based on its composition and intended application:

| Characteristics  | Unit                            | Limit | Category ISO-F-               |       |        |                   |     |              |     | Test method reference                      |
|--|---------------------------------|-------|-------------------------------|-------|--------|-------------------|-----|--------------|-----|--|
|  |                                 |       | DMX                           | DMA   | DFA    | DMZ               | DFZ | DMB          | DFB |  |
| Kinematic viscosity at 40°C  | mm <sup>2</sup> /s <sup>a</sup> | max.  | 5.500                         | 6.000 | 6.000  | 11.00             |     |              |     | ISO 3104                                   |
|  |                                 | min.  | 1.400                         | 2.000 | 3.000  | 2.000             |     |              |     |  |
| Density at 15°C  | kg/m <sup>3</sup>               | max.  | —                             | 890.0 | 890.0  | 900.0             |     |              |     | ISO 3675 or ISO 12185; see 6.1             |
| Cetane index   | —                               | min.  | 45                            | 40    | 40     | 35                |     |              |     | ISO 4264                                   |
| Sulfur <sup>b</sup>  | mass %                          | max.  | 1.00                          | 1.00  | 1.00   | 1.50              |     |              |     | ISO 8754 or ISO 14596, ASTM D4294; see 6.3 |
| Flash point  | °C                              | min.  | 43.0                          | 60.0  | 60.0   | 60.0              |     |              |     | ISO 2719; see 6.4                          |
| Hydrogen sulfide   | mg/kg                           | max.  | 2.00                          | 2.00  | 2.00   | 2.00              |     |              |     | IP 570; see 6.5                            |
| Acid number  | mg KOH/g                        | max.  | 0.5                           | 0.5   | 0.5    | 0.5               |     |              |     | ASTM D664; see 6.6                         |
| Total sediment by hot filtration                                     | mass %                          | max.  | —                             | —     | —      | 0.10 <sup>c</sup> |     |              |     | ISO 10307-1; see 6.8                       |
| Oxidation stability  | g/m <sup>3</sup>                | max.  | 25                            | 25    | 25     | 25 <sup>d</sup>   |     |              |     | ISO 12205                                  |
| Fatty acid methyl ester (FAME) <sup>e</sup>                          | volume %                        | max.  | —                             | —     | 7.0    | —                 | 7.0 | —            | 7.0 | ASTM D7963 or IP 579; see 6.10             |
| Carbon residue — micro method on the 10% volume distillation residue | mass %                          | max.  | 0.30                          | 0.30  | 0.30   | —                 |     |              |     | ISO 10370                                  |
| Carbon residue — micro method  | mass %                          | max.  | —                             | —     | —      | 0.30              |     |              |     | ISO 10370                                  |
| cloud point <sup>f</sup>   | winter                          | °C    | max.                          | -16   | report | report            | —   |              |     | ISO 3015; see 6.11                         |
|  | summer                          | °C    | max.                          | -16   | —      | —                 | —   |              |     |  |
| Cold filter plugging point <sup>f</sup>                              | winter                          | °C    | max.                          | —     | report | report            | —   |              |     | IP 309 or IP 612; see 6.11                 |
|  | summer                          | °C    | max.                          | —     | —      | —                 | —   |              |     |  |
| Pour point (upper) <sup>f</sup>                                      | winter                          | °C    | max.                          | —     | -6     | -6                | 0   |              |     | ISO 3015; see 6.11                         |
|  | summer                          | °C    | max.                          | —     | 0      | 0                 | 6   |              |     |  |
| Appearance   | —                               | —     | Clear and Bright <sup>g</sup> |       |        |                   |     | <sup>c</sup> |     | see 6.12                                   |
| Water  | volume %                        | max.  | —                             | —     | —      | 0.30 <sup>c</sup> |     |              |     | ISO 3733                                   |
| Ash  | mass %                          | max.  | 0.010                         | 0.010 | 0.010  | 0.010             |     |              |     | ISO 6245                                   |
| Lubricity, corrected wear scar diameter (WSD) at 60°C <sup>h</sup>   | µm                              | max.  | 520                           | 520   | 520    | 520 <sup>d</sup>  |     |              |     | ISO 12156-1                                |

Figure 2.3: Key Physical and Chemical Properties of Marine Distillate Fuel Grades According to ISO 8217:2017 [9].

- **DMA**: Composed entirely of diesel (100%), this grade is commonly used in smaller vessels such as fishing boats, harbor tugs, and ferries. Its clean-burning properties are ideal for operations near shore or in regulated waters.
- **DMB**: A blend consisting of 99% DMA and 1% residual fuel oil. It balances cost and performance and is used in engines that tolerate minor traces of heavier components.
- **DMC**: Contains up to 20% residual fuel oil and 80% diesel. While still considered a distillate fuel, its higher impurity and viscosity levels require appropriate engine configurations.

As shown in Figure 2.3, ISO 8217 defines several distillate fuel grades based on sulfur content and distillation properties, including *DMA*, *DMB*, and *DMC*. These classifications help ensure compatibility with marine engine requirements while supporting compliance with global emissions limits. The move toward MDO and MGO represents a broader industry trend toward cleaner, more sustainable fuel solutions [2].

## 2.7 Operational Considerations for Modern Marine Fuels

The shift from high-sulfur residual fuels to low-sulfur distillates and VLSFO requires several operational adjustments:

- **Fuel System Adaptation:** Ships operating with multiple fuel types must ensure that fuel changeover procedures are carefully managed to prevent thermal shock and maintain engine performance.
- **Fuel Heating:** Heavy fuels like HFO and high-viscosity VLSFO require preheating to reduce viscosity for injection, whereas distillates such as MGO and Distillate Marine Fuel (DMA) can be used at ambient temperatures.
- **Tank Management:** Proper segregation of fuel tanks minimizes the risk of incompatibility issues during fuel transitions.

## 3 International Regulations for Effective Emission and Greenhouse Gas Reduction

The maritime industry is a significant contributor to global GHGs emissions, accounting for nearly 2.9% of global anthropogenic CO<sub>2</sub> emissions as of 2018 [1]. Given its role in climate change, the industry has come under increasing pressure from international and regional authorities to reduce its environmental impact and align with global climate targets.

To address this, a suite of regulatory instruments has been introduced to monitor and reduce emissions. These include the Energy EEDI, which mandates minimum energy efficiency levels for new ships; the EEXI, which extends efficiency standards to existing vessels; and the CII, which evaluates annual CO<sub>2</sub> emissions per transport work and assigns a performance rating from A to E. Together, these measures form the backbone of the International Maritime Organization (IMO)'s short- and medium-term decarbonization tools.

On a regional level, the European Union has developed its measures, including the FuelEU Maritime initiative, which mandates a progressive reduction in the greenhouse gas intensity of marine fuels and supports the adoption of cleaner energy solutions through regional compliance incentives and penalties.

### 3.1 IMO Strategies and Measures

The IMO is a specialized United Nations agency headquartered in London, United Kingdom. It comprises 175 Member States, three Associate Members, and numerous intergovernmental and non-governmental organizations. Its regulatory framework governs every facet of international shipping—from ship design and construction to equipment, safety, crew training, and environmental protection. IMO's regulatory instruments are widely accepted and implemented globally, ensuring consistent standards across the industry [1], [12].

In 2018, the IMO adopted its Initial Strategy on the Reduction of Greenhouse Gas Emissions from Ships, which outlined a vision to phase out GHGs emissions from international shipping as soon as possible in this century. The Marine Environment Protection Committee (MEPC) adopted the strategy at its 72nd session, representing a significant milestone in maritime climate governance.

**Key targets in the Initial Strategy (2018):**

- At least a 40% reduction in carbon intensity (CO<sub>2</sub> emissions per transport work) by 2030, compared to 2008.
- A 70% reduction in carbon intensity by 2050.
- An overall 50% reduction in total annual GHGs emissions by 2050 relative to 2008, with continued efforts toward complete decarbonization.
- The application of EEDI for new ships and the promotion of alternative fuels and propulsion systems.

The strategy emphasizes the importance of innovation, capacity-building, research and development, and stakeholder cooperation to ensure an equitable transition. It also aligns its ambitions with the temperature goals of the Paris Agreement, acknowledging the need to limit global warming to well below 2°C, preferably 1.5°C.

At MEPC 73, a comprehensive follow-up program was approved to guide the implementation of the Initial Strategy. This program categorizes measures into short, medium, and long-term time frames [13]:

- *Short-term measures (2018–2023)*: Developments included adopting the EEXI, mandatory CII ratings, and data collection enhancements.
- *Mid-term measures (2023–2030)*: Emphasize market-based measures, alternative fuel adoption, and regulatory tightening.
- *Long-term measures (post-2030)*: Envisage the complete decarbonization of international shipping through scalable zero-emission technologies and fuels.

The follow-up strategy also addressed three analytical groups:

- **Group A**: Measures feasible under existing IMO instruments.
- **Group B**: Measures requiring further data and analysis.
- **Group C**: Measures not yet initiated, pending feasibility review.

This progression of short-, medium-, and long-term regulatory measures is illustrated in Figure 3.1, which highlights the roadmap adopted by the IMO through the MEPC framework. This structured timeline aligned regulatory evolution with technological readiness and fuel availability. The IMO Data Collection System (DCS) was a key enabler for these developments, which mandates fuel consumption and CO<sub>2</sub> reporting for all ships  $\geq 5,000$  Gross Tonnage (GT).

In July 2023, during the 80th session of the MEPC, the IMO adopted the 2023 Revised Strategy on the Reduction of GHGs Emissions from Ships, marking a significant strengthening of its climate ambitions. This revised strategy aims to reach net-zero GHGs emissions by “around 2050”, representing a clear shift toward complete decarbonization [14].

New targets in the 2023 Strategy:



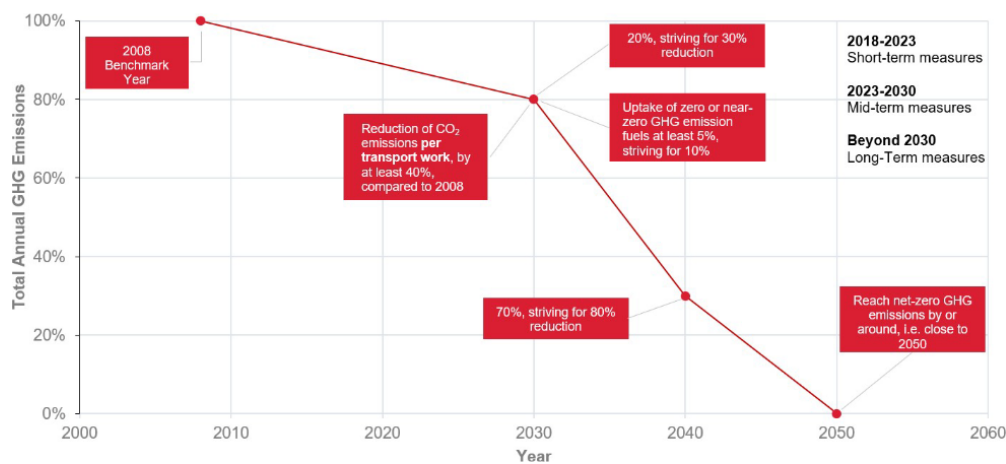


Figure 3.1: Timeline of candidate Short-, Mid- and Long-Term GHGs Reduction Measures [15].

- **By 2030:** At least a 20% reduction in GHGs emissions, aiming for 30%.
- **By 2040:** At least a 70% reduction, with efforts toward 80%, compared to 2008 levels.
- **By 2030:** At least 5% of the energy used in international shipping should be derived from near-zero or zero-GHGs fuels and energy sources, with an aspirational target of 10%.

These targets build upon the carbon intensity metrics introduced in the initial strategy and align more closely with scientific recommendations and stakeholder expectations. The strategy also reaffirms the IMO's commitment to equity, capacity-building, and technology transfer, particularly for developing and least developed countries.

### 3.1.1 Regulatory Instruments

The regulatory landscape for maritime emissions is evolving rapidly, driven by multi-lateral agreements and reinforced by regional legislation. The IMO's framework—rooted in the Initial and Revised GHGs Strategies—provides a clear roadmap for decarbonization. Its tools, such as EEDI, EEXI, and CII, are now operational, setting the stage for a broader fuel and technology transition across the global fleet [14], [15].

The shift toward zero-emission fuels and propulsion systems is no longer aspirational; it is a regulatory imperative. Maritime value chain stakeholders must prepare for increased regulatory scrutiny, stricter performance standards, and rising demand for scalable, clean technologies.

The most recent MEPC session occurred in April 2025. A significant outcome of the meeting was the introduction of the IMO Net-Zero Framework as a new chapter in MARPOL Annex VI. This framework establishes mandatory emissions limits and introduces greenhouse gas (GHG) pricing mechanisms across the global shipping sector.



These provisions are expected to be formally adopted in October 2025 and will take effect in 2027. The regulatory scope applies to vessels exceeding 5,000 GT, collectively responsible for most maritime CO<sub>2</sub> emissions.

In addition to long-term policy frameworks, the Committee reviewed the implementation progress of short-term decarbonization measures, including the EEXI, the enhanced Ship Energy Efficiency Management Plan (SEEMP), and the CII. These instruments support the IMO's objective of reducing the carbon intensity of international shipping by at least 40% by 2030, compared to 2008 levels.

The Committee also considered the findings of the 2023 IMO DCS report. Between 2019 and 2023, reductions in carbon intensity were observed across all key metrics—Annual Efficiency Ratio (AER), Carbon Intensity per Distance (cgDIST), and Energy Efficiency Operational Indicator (EEOI)—with improvements ranging from 4.8% to 9.9%. During the same period, total fuel consumption in international shipping decreased by approximately 2 million tonnes. Compared to 2008, the carbon intensity of global shipping fell by 31% on a supply basis and 36.5% on a demand basis. These values are summarized in Table 3.1, which also shows total fuel consumption trends during the same period [16], [17].

Table 3.1: Average annual carbon intensity and percentage change compared to 2019

| Year | AER          | cgDIST       | Estimated EEOI | Report to Committee | Total Fuel Consumption (tonnes) |
|------|--------------|--------------|----------------|---------------------|---------------------------------|
| 2019 | 5.90 (0.0%)  | 8.44 (0.0%)  | 10.94 (0.0%)   | MEPC 76/6/1         | 213 million                     |
| 2020 | 5.83 (-1.2%) | 8.24 (-2.3%) | 10.92 (-0.2%)  | MEPC 77/6/1         | 203 million                     |
| 2021 | 5.89 (-0.1%) | 8.34 (-1.2%) | 10.90 (-0.4%)  | MEPC 79/6/1         | 212 million                     |
| 2022 | 5.66 (-4.1%) | 8.05 (-4.6%) | 10.89 (-0.5%)  | MEPC 81/6           | 213 million                     |
| 2023 | 5.32 (-9.7%) | 7.60 (-9.9%) | 10.42 (-4.8%)  | MEPC 82/6/38        | 211 million                     |

Additional resolutions from the April 2025 session included the development of a regulatory framework for onboard Carbon Capture and Storage (CCS) technologies. Furthermore, an updated action plan was adopted to address marine plastic litter, underscoring growing concern over ocean pollution. Notably, the North-East Atlantic Ocean was designated as an ECAs for sulphur oxides (SO<sub>x</sub>), PM, and NO<sub>x</sub>. The Committee also evaluated various air pollution control technologies, such as exhaust gas cleaning systems (scrubbers), Arctic-compliant marine fuels, and Selective Catalytic Reduction (SCR) systems aimed at NO<sub>x</sub> mitigation. The sequence of mandatory and voluntary measures adopted by the IMO over the past decade is illustrated in Figure 3.2, which outlines both implemented and planned milestones toward achieving net-zero GHGs emissions from international shipping [14].

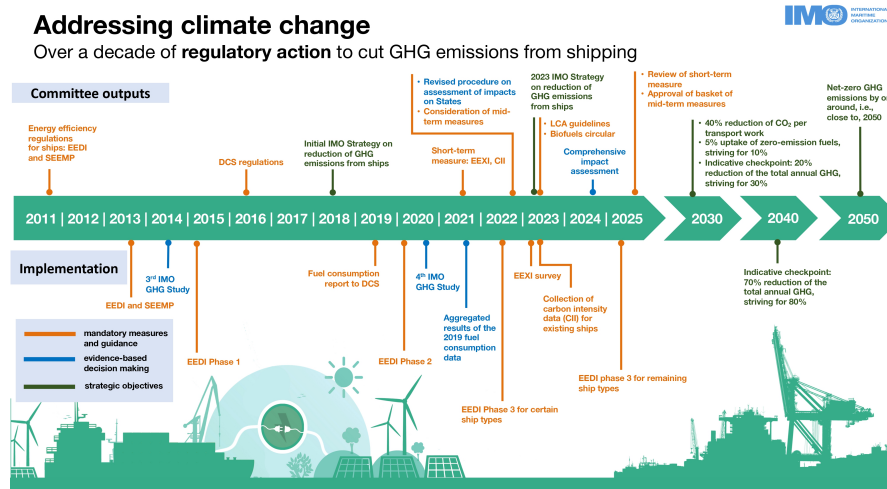


Figure 3.2: IMO's updated regulatory timeline for reducing GHG emissions from international shipping, illustrating over a decade of progressive measures from 2011 to 2025, with strategic checkpoints through 2050 [14].

The International Convention for the Prevention of Pollution from Ships (MARPOL) was adopted in 1973, with the primary objective of minimizing pollution of the marine environment from operational or accidental discharges by ships. Among its various annexes, Annex VI is particularly significant. Entering into force in May 2005, MARPOL Annex VI explicitly addresses air pollution from vessels and aims to improve energy efficiency within the maritime sector. It establishes limits on SO<sub>x</sub> and NO<sub>x</sub> emitted from ship exhausts and prohibits the intentional emission of ozone-depleting substances [18].

A substantial revision of Annex VI was adopted during the 58<sup>th</sup> session of the Marine Environment Protection Committee (MEPC 58). One of the key changes introduced by the revision was the progressive tightening of the global sulphur content limits in marine fuels. The limit was reduced from 4.5% to 3.5% as of January 1, 2012, and was further lowered to 0.5% effective from January 1, 2020 [19].

In parallel, the IMO implemented a three-tier framework to control NO<sub>x</sub> emissions from marine diesel engines. Tier I standards took effect in 2000, establishing baseline limits. Tier II was introduced in 2011, mandating a 20% reduction in NO<sub>x</sub> emissions relative to Tier I. Tier III, applicable from 2016 in designated ECAs, requires up to an 80% reduction in NO<sub>x</sub> emissions compared to Tier I levels [18]. These reductions are illustrated in Figure 3.3, which shows the NO<sub>x</sub> emission limits across engine speeds under each regulatory tier.

Figure 3.4 illustrates the geographical distribution of existing and potential future ECAs around the globe. These areas are designated under MARPOL Annex VI to enforce stricter controls on airborne emissions from ships, specifically targeting SO<sub>x</sub>, NO<sub>x</sub>, and particulate matter. ECAs currently exist in regions such as the North Sea, Baltic Sea, the North American coasts, and the Caribbean Sea, while several other zones are under evaluation for future designation.

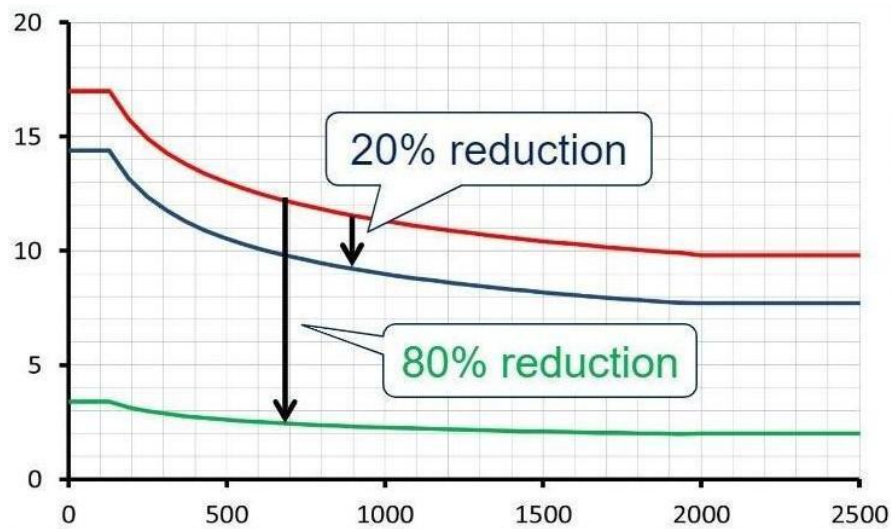


Figure 3.3: IMO Tier I, II, and III NO<sub>x</sub> emission limits as a function of engine power. Tier II introduces approximately a 20% reduction, while Tier III represents up to an 80% reduction compared to Tier I [20].

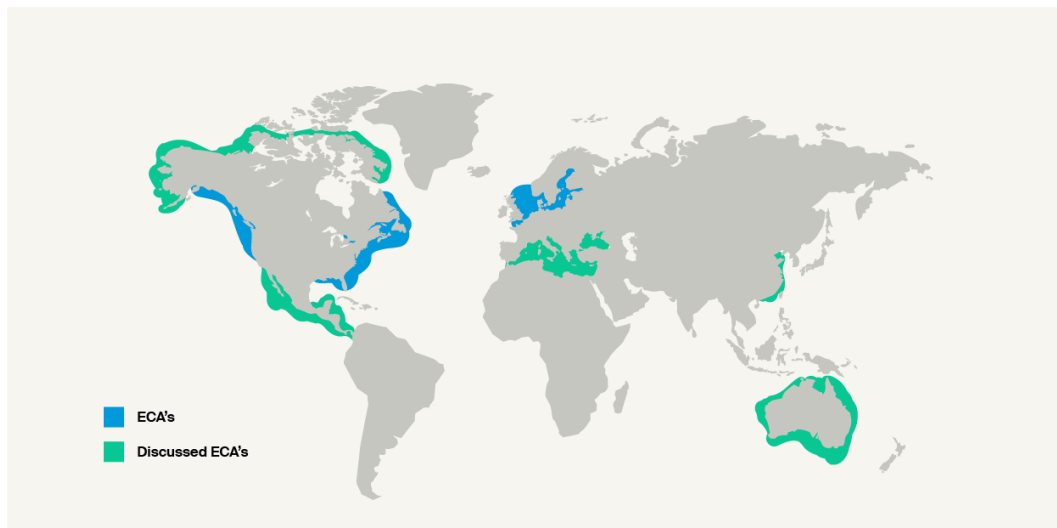


Figure 3.4: Map illustrating the global distribution of designated and proposed ECAs. Areas in blue indicate currently enforced ECAs, while areas in green represent regions under consideration for future designation. ECAs aim to limit emissions of SO<sub>x</sub>, NO<sub>x</sub>, and particulate matter from maritime transport [21].

### 3.2 MARPOL Annex VI and Emissions Standards

MARPOL Annex VI regulations apply to all ships regardless of flag or port of call. Key regulatory provisions include [18]:

- **Sulphur content limits:** Marine fuel oil used by ships must not exceed the maximum allowable sulphur content. As of 2020, the global sulphur cap is 0.50% m/m, reduced from 3.50%, and 0.10% in ECAs.
- **NO<sub>x</sub> emission standards:** Ship diesel engines are subject to NO<sub>x</sub> emission limits based on their tier classification (I, II, or III), with Tier III applying within ECAs and requiring up to an 80% reduction in NO<sub>x</sub> emissions.
- **Volatile Organic Compounds (VOCs):** Certain ports and terminals may mandate emission control systems to manage VOC emissions, particularly from tankers during loading and unloading.
- **Emission control technologies:** Ships may use alternative compliance methods such as exhaust gas cleaning systems (scrubbers) or approved low-emission fuels to meet regulatory thresholds.
- **Inspection and certification regime:** All ships of 400 GT and above must comply with a mandatory inspection framework:
  1. An *initial survey* before commissioning or issuance of the International Air Pollution Prevention (IAPP) Certificate.
  2. A *renewal survey* conducted at intervals not exceeding five years.
  3. At least one *intermediate survey*, typically conducted between the second and third years of the certification cycle.
- **Corrective action and compliance oversight:** If equipment fails to meet standards, corrective actions must be undertaken, and any modifications to regulated components require prior approval from the competent authority.
- **Certification:** An IAPP Certificate must be issued to each vessel, attesting to compliance with Annex VI requirements.

The nitrogen oxide (NO<sub>x</sub>) emission limits established under MARPOL Annex VI apply to marine diesel engines with a power output exceeding 130 kW. These regulations, however, exclude engines designated solely for emergency use and those installed on vessels operating exclusively within the territorial waters of the flag state.

The emission limits are categorized into three tiers—Tier I, Tier II, and Tier III—each corresponding to the ship's construction date and the engine's rated speed. Tier I standards were used for ships constructed on or after January 1, 2000. Tier II limits, which introduced more stringent emission thresholds, apply to vessels built from January 1,

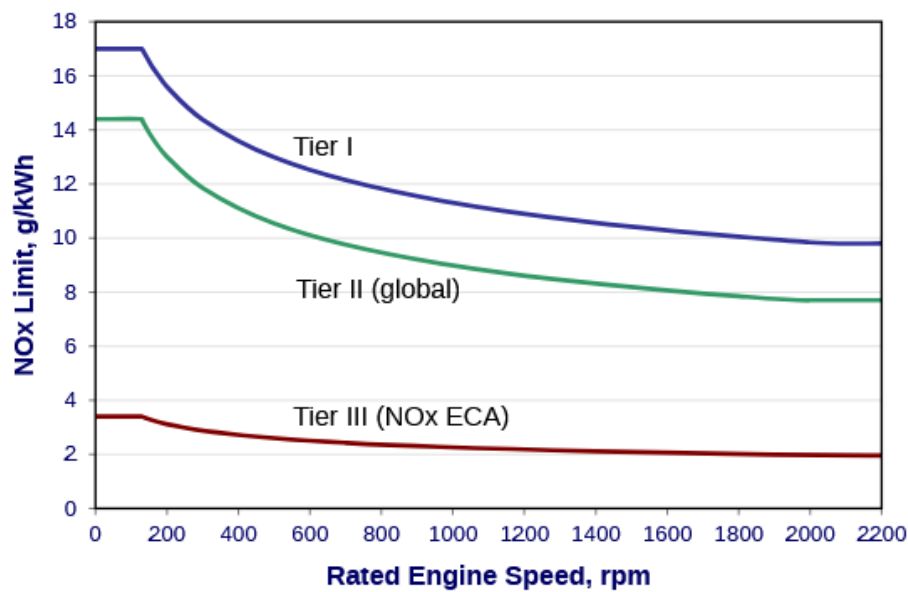


Figure 3.5: NOx emission limits (g/kWh) under MARPOL Annex VI for Tier I, II, and III, as a function of rated engine speed (rpm). Tier III standards apply only within NOx Emission Control Areas (NECAs) [22].

2011. Tier III, the most rigorous level of regulation, has been in effect since January 1, 2016, but is applicable only within designated NOx Emission Control Areas (ECAs). Outside these areas, Tier II remains the prevailing standard. The specific NOx limits for each tier, depending on engine speed, are summarized in Table 3.2 and graphically illustrated in Figure 3.5, which shows how emission thresholds vary with engine revolutions per minute under each regulatory tier.

Table 3.2: MARPOL Annex VI NOx emission limits

| Tier     | Date | NOx Limit, g/kWh |                      |               |
|----------|------|------------------|----------------------|---------------|
|          |      | $n < 130$        | $130 \leq n < 2000$  | $n \geq 2000$ |
| Tier I   | 2000 | 17.0             | $45 \cdot n^{-0.2}$  | 9.8           |
| Tier II  | 2011 | 14.4             | $44 \cdot n^{-0.23}$ | 7.7           |
| Tier III | 2016 | 3.4              | $9 \cdot n^{-0.2}$   | 1.96          |

Tier III limits apply only in NOx Emission Control Areas (Tier II standards apply outside ECAs).

In addition to regulating nitrogen oxide emissions, MARPOL Annex VI also imposes strict limits on the sulfur content of marine fuel oil. These regulations stipulate that ships may only use fuel that complies with the applicable sulfur threshold, depending on the region of operation. As of January 1, 2020, the global sulfur cap has been reduced to 0.50% m/m, while a more stringent limit of 0.10% m/m applies within Sulfur Emission Control Areas.

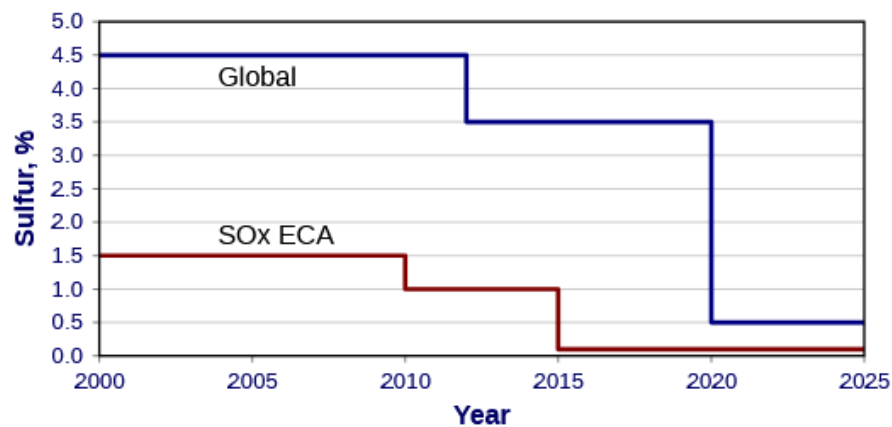


Figure 3.6: Historical progression of sulfur content limits for marine fuel under MARPOL Annex VI, distinguishing between global regulations and SOx Emission Control Areas (SECAs) [22].

To meet these requirements, vessels may use compliant low-sulfur fuels or adopt alternative methods such as Exhaust Gas Cleaning Systems (EGCS), commonly called scrubbers. These systems remove sulfur oxides from exhaust gases before releasing them into the atmosphere. The maximum allowable SOx emission is set at 6.0 g SOx/kWh.

The progression of allowable sulfur content limits in both global waters and SOx ECAs is summarized in Table 3.3 and graphically illustrated in Figure 3.6.

Table 3.3: MARPOL Annex VI fuel sulfur limits

| Date    | SOx ECA | Global |
|---------|---------|--------|
| 2000    | 1.5%    | 4.5%   |
| 2010.07 | 1.0%    |        |
| 2012    |         | 3.5%   |
| 2015    | 0.1%    |        |
| 2020    |         | 0.5%   |

### 3.2.1 Energy Efficiency Measures

The EEDI was introduced by the IMO as a key technical measure to reduce GHGs emissions from ships by enhancing their energy efficiency. It is a requirement for most newly constructed vessels over 400 GT, excluding some specialized ship types. The primary aim of the EEDI is to incentivize the adoption of energy-efficient technologies, such as optimized hull designs, efficient propulsion systems, and innovative engine solutions, thereby lowering CO<sub>2</sub> emissions per unit of transport work.

Each shipyard calculates the EEDI of a new vessel. An authorized classification society must verify the calculated index to ensure compliance. Shipowners benefit directly from EEDI compliance, as energy-efficient vessels are more attractive for long-term charters and can operate cost-effectively under stricter regulatory environments.

The EEDI is calculated using a complex formula considering a vessel's emissions, capacity, design speed, installed power, and engine efficiency. Its calculation is based on the ship's theoretical performance under standard sea conditions, taking into account propulsion and auxiliary energy demands. The formula is expressed in Equation 3.1, and its parameters are defined thereafter [23].

$$\text{EEDI} = \frac{1}{f_i \cdot f_c \cdot f_j \cdot \text{Capacity} \cdot f_w \cdot V_{\text{ref}} \cdot f_m} \cdot \left[ \left( \prod_{j=1}^n f_j \sum_{i=1}^{n_{\text{ME}}} P_{\text{ME}(i)} \cdot C_{F_{\text{ME}(i)}} \cdot \text{SFC}_{\text{ME}(i)} \right) + (P_{\text{AE}} \cdot C_{F_{\text{AE}}} \cdot \text{SFC}_{\text{AE}^*}) \right. \\ \left. + \left( \left( \prod_{j=1}^n f_j \cdot \sum_{i=1}^{n_{\text{PTI}}} P_{\text{PTI}(i)} - \sum_{i=1}^{n_{\text{eff}}} f_{\text{eff}(i)} \cdot P_{\text{AE}_{\text{eff}(i)}} \right) \cdot C_{F_{\text{AE}}} \cdot \text{SFC}_{\text{AE}} \right) \right. \\ \left. - \left( \sum_{i=1}^{n_{\text{eff}}} f_{\text{eff}(i)} \cdot P_{\text{eff}(i)} \cdot C_{F_{\text{ME}}} \cdot \text{SFC}_{\text{ME}^{**}} \right) \right] \quad (3.1)$$

Where the main variables are:

$f_i$  Capacity correction factor for technical or regulatory limitations (e.g., number of passengers, cargo constraints).

$f_c$  Cubic capacity correction factor to account for volumetric efficiency or special design types.

$f_j$  Correction factor related to ship-specific design characteristics.

Capacity The transport work capacity of the ship, typically expressed as deadweight tonnage (DWT), TEU, or gross tonnage depending on vessel type.

$f_w$  Weather correction factor accounting for expected performance degradation under realistic sea conditions (e.g., wind, waves).

$V_{\text{ref}}$  Reference speed of the vessel in knots, used under standard conditions for EEDI computation.

$f_m$  Ice-class correction factor for ships certified for operation in ice-covered waters (e.g., IA Super or IA).

$P_{\text{ME}(i)}$  Power of the  $i^{\text{th}}$  main engine (in kW).

$C_{F_{\text{ME}(i)}}$  CO<sub>2</sub> conversion factor for the fuel type used in the  $i^{\text{th}}$  main engine.

$\text{SFC}_{\text{ME}(i)}$  Specific fuel consumption of the  $i^{\text{th}}$  main engine (in g/kWh).

$P_{\text{AE}}$  Total auxiliary engine power needed during seagoing operations (in kW).

$C_{F_{\text{AE}}}$  CO<sub>2</sub> conversion factor for auxiliary engine fuel type.

- $SFC_{AE}^*$  Specific fuel consumption of the auxiliary engine(s), with adjustment for operational conditions or averaging.
- $P_{PTI(i)}$  Power from the  $i^{th}$  shaft motor or power take-in system (in kW).
- $f_{eff(i)}$  Availability factor of the  $i^{th}$  installed energy efficiency technology.
- $P_{AE_{eff}(i)}$  Auxiliary engine power offset by energy efficiency enhancements for the  $i^{th}$  device.
- $P_{eff(i)}$  Net energy contribution of innovative energy-saving devices (e.g., wind propulsion, hybrid systems).
- $SFC_{ME}^{**}$  Specific fuel consumption for main engine configurations operating under energy efficiency upgrades.

As shown in Figure 3.7, the EEDI limits have been tightened in successive phases beginning in 2013. Each phase requires a greater reduction from the baseline (reference line), encouraging continuous improvement in ship energy performance. Ships not complying with the prescribed limits are considered non-compliant under IMO regulations.

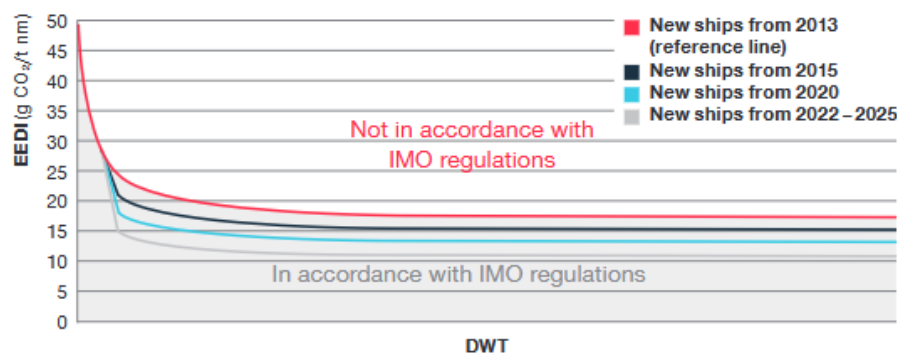


Figure 3.7: EEDI requirements over time by ship delivery year. The chart illustrates decreasing permissible CO<sub>2</sub> emissions per ton-nautical mile (g CO<sub>2</sub>/t-nm) for newly built ships from 2013 to 2025 [24].

The EEXI is a regulatory measure developed to reduce greenhouse gas emissions from ships. It was introduced during the 76th session of the MEPC. EEXI applies to all vessels over 400 GT already in service and aims to ensure that existing vessels meet modern energy efficiency standards in accordance with MARPOL Annex VI. The calculation formula for the EEXI is based on the same framework as the EEDI, which was discussed previously. Once issued, the EEXI certification remains valid throughout the ship's operational life unless its energy efficiency is significantly modified [25], [26].

On the other hand, the EEOI is a tool used to assess a vessel's operational energy efficiency. It establishes a direct relationship between the CO<sub>2</sub> emissions generated during a voyage and the ship's work (i.e., cargo or passenger transport). EEOI is particularly useful for shipowners and operators, as it helps them evaluate the impact of



operational adjustments on fuel consumption and overall environmental performance. Moreover, it assists vessels in complying with international emissions regulations and improving economic performance through reduced fuel costs [27], [28].

The EEOI is calculated using the following formula:

$$\text{EEOI} = \frac{\sum(\text{Fuel Consumption} \times \text{Emission Factor})}{\text{Cargo Carried} \times \text{Distance Sailed}} \quad (3.2)$$

Where:

- *Fuel Consumption*: The total fuel consumed during the voyage.
- *Emission Factor*: Varies depending on the type of fuel used.
- *Cargo Carried*: The total cargo weight transported in metric tonnes, or the number of passengers.
- *Distance Sailed*: The total distance traveled by the vessel during the voyage, measured in nautical miles.

The emission factors for different fuels, along with their carbon content, are shown in Table 3.4:

Table 3.4: Conversion factors of common marine fuels

| Type of Fuel         | Reference               | Carbon Content | $C_F$ (t-CO <sub>2</sub> /t-Fuel) |
|----------------------|-------------------------|----------------|-----------------------------------|
| Diesel/Gas Oil       | ISO 8217 Grades DMX–DMC | 0.875          | 3.206                             |
| Light Fuel Oil (LFO) | ISO 8217 Grades RMA–RMD | 0.86           | 3.151                             |
| Heavy Fuel Oil (HFO) | ISO 8217 Grades RME–RMK | 0.85           | 3.114                             |
| LPG (Propane)        | N/A                     | 0.819          | 3.000                             |
| LPG (Butane)         | N/A                     | 0.827          | 3.030                             |
| LNG                  | N/A                     | 0.75           | 2.750                             |

From Eq. 3.2 and Table 3.4, the EEOI can vary significantly depending on the type of fuel used, vessel speed, voyage conditions, and cargo load. Therefore, accurate fuel consumption and operating conditions data are critical for reliable EEOI measurements.

To improve their EEOI, shipowners can consider several strategies:

- *Speed Reduction*: Lowering the vessel’s speed can significantly reduce fuel consumption.
- *Voyage Planning*: Optimizing routes to avoid adverse weather or high traffic zones.
- *Investing in Energy-Saving Technologies*: Examples include energy-efficient propellers, air lubrication systems, and waste heat recovery.
- *Switching to Cleaner Fuels*: Transitioning to low-carbon or zero-carbon fuels to reduce the emission factor.

The AER measures the annual CO<sub>2</sub> emissions of a vessel in relation to the work performed by that vessel during the same period. Unlike the EEOI, which considers the actual cargo carried, the AER uses the vessel's deadweight tonnage (DWT) as a proxy for cargo capacity. This method calculates a single annual emissions value for the ship, making it less precise for assigning emissions to specific charterers based on individual voyages.

The AER is calculated using the following formula:

$$AER = \frac{\sum_i C_i}{\sum_i dwt \cdot D_i} \quad (3.3)$$

where:

- $C_i$ : Carbon emissions for a voyage, determined by fuel consumption and fuel-specific carbon factors.
- $dwt$ : Deadweight tonnage of the vessel.
- $D_i$ : Distance travelled on a voyage.

### 3.3 Regional Measures: EU Fit for 55 and FuelEU Maritime

#### 3.3.1 EU Initiatives

In parallel with IMO regulations, the European Union has implemented additional measures to reduce greenhouse gas (GHGs) emissions. One of the key initiatives is the *EU Fit for 55* package, which aims to cut net GHGs emissions by at least 55% by 2030 compared to 1990 levels and achieve climate neutrality by 2050.

The main components of this package include:

- Extending the Emissions Trading System (ETS) to the maritime sector.
- Introducing the FuelEU Maritime initiative, which mandates a progressive reduction in the greenhouse gas intensity of marine fuels.
- Revising the Energy Taxation Directive.

#### 3.3.2 FuelEU Maritime Initiative

The FuelEU Maritime initiative, implemented on January 1, 2025, promotes the use of renewable and low-carbon fuels in EU ports. It sets limits on the GHG intensity of marine fuels, measured in gCO<sub>2</sub>eq/MJ, and encourages the adoption of zero-emission technologies such as onshore power supply.

The initial fleet-wide GHG intensity in 2020 was estimated at 91.16 gCO<sub>2</sub>e/MJ /MJ, with the EU aiming to reduce this to 18.23 gCO<sub>2</sub>e/MJ /MJ by 2050. The accompanying

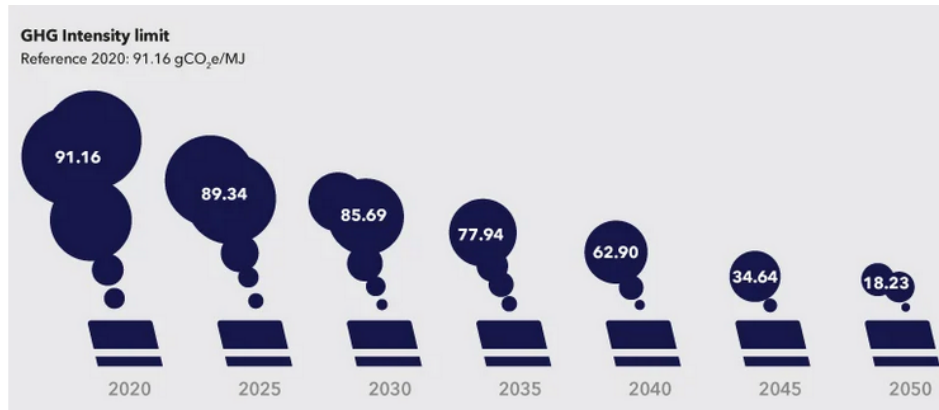


Figure 3.8: Projected decline in GHG intensity of marine fuels from 2020 to 2050, expressed in gCO<sub>2</sub>e/MJ [30].

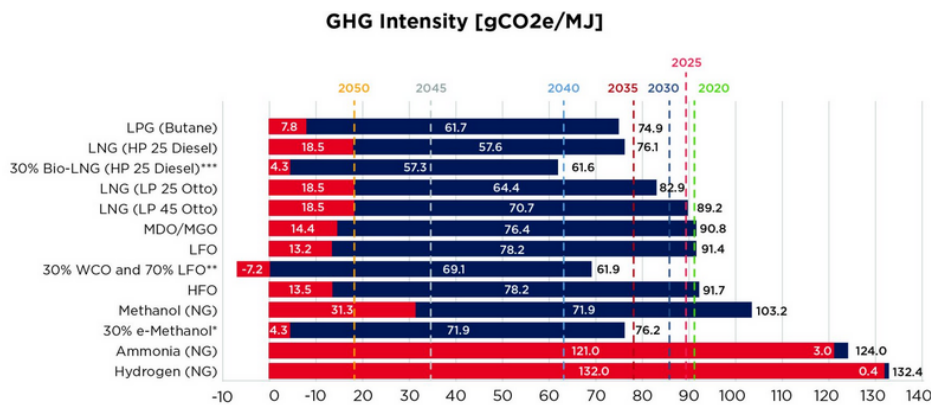


Figure 3.9: Comparative GHGs intensity of marine fuels measured in gCO<sub>2</sub>e/MJ, including well-to-wake and tank-to-wake perspectives [31].

graph illustrates the GHG intensity of different marine fuels, with well-to-wake emissions shown in red and tank-to-wake in blue. LNG (high-pressure two-stroke engines) and LPG are considered compliant fossil fuels until 2040 [29].

According to the FuelEU Maritime roadmap, the fleet's GHGs intensity—initially measured at 91.16 gCO<sub>2</sub>e/MJ in 2020—must decline to 18.23 gCO<sub>2</sub>e/MJ by 2050. Figure 3.8 visualizes this trajectory, showing the progressive reduction targets for the coming decades.

Additionally, Figure 3.9 presents the GHGs intensity of various marine fuels (gCO<sub>2</sub>e/MJ) at different future time points. The figure highlights the differences between “well-to-wake” (total lifecycle emissions, red bars) and “tank-to-wake” (fuel combustion only, blue bars) emissions. Notably, compliant fossil fuels (e.g., LNG, LPG) remain options until 2040, while a shift to alternative fuels becomes crucial thereafter.

Vessels that exceed the GHG intensity limits will face financial penalties calculated based on the gap between the reference GHGs intensity and the actual intensity, multiplied by the vessel's energy consumption.

### **3.3.3 EU MRV Regulation**

The EU MRV (Monitoring, Reporting, and Verification) regulation underpins the ETS and FuelEU Maritime frameworks. It applies to all ships over 5,000 GT, covering both passenger and cargo vessels operating within EU waters. Under the MRV, companies must report:

- Fuel consumption.
- Total aggregated CO<sub>2</sub> emissions.
- CO<sub>2</sub> emissions from all voyages between EU ports.
- CO<sub>2</sub> emissions within ports.
- Distance travelled.
- Time spent at sea.
- Total transport work.
- Average energy efficiency.
- Information on ice class and navigation through ice, where applicable.

These measures are detailed in the ICS Guidance on EU MRV regulations. Established in 2005, the EU ETS is modeled on the US emission trading system introduced in the 1970s. It sets a cap on total GHGs emissions and allows companies to trade emission allowances to meet compliance targets [32], [33].

## 4 Alternative Fuels in Shipping

The maritime sector's decarbonization has become a pivotal concern to meet the IMO's Revised GHGs Strategy and the EU's ambitious climate neutrality goals. This chapter provides an analytical overview of key alternative fuels, assessing their technology readiness, lifecycle emissions, techno-economic feasibility, and operational challenges.

### 4.1 Key Alternative Fuels and Propulsion Technologies

Several alternative fuels are gaining traction due to their potential to reduce GHGs emissions compared to conventional marine fuels. These include LNG, methanol, ammonia, hydrogen, and biofuels (such as biodiesel and renewable diesel). Figure 4.1 illustrates the current and future adoption trends for these fuels.

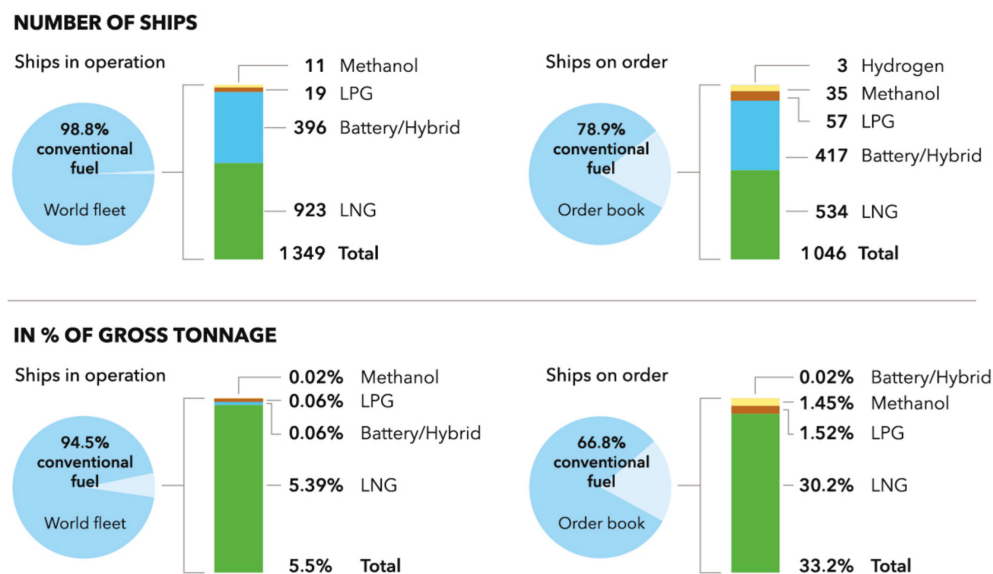


Figure 4.1: Comparison of ship fuels by type and gross tonnage share [34].

#### 4.1.1 Liquefied Natural Gas (LNG) and Liquefied Petroleum Gas (LPG)

Liquefied Natural Gas (LNG) and Liquefied Petroleum Gas (LPG) have emerged as critical transitional fuels in the maritime sector's decarbonization pathway.

LNG is a mature alternative fuel that achieves up to a 20% reduction in tank-to-wake CO<sub>2</sub> emissions compared to conventional fuels such as HFO and MDO [35], [36]. In

addition to this reduction, LNG offers substantial benefits in mitigating sulphur oxides (SO<sub>x</sub>), nitrogen oxides (NO<sub>x</sub>), and particulate matter (PM) emissions, aligning well with MARPOL Annex VI regulations. However, the main drawback of LNG remains the challenge of methane slip—unburnt methane released during extraction, distribution, and combustion [35]. This offsets some of the GHGs savings if not adequately managed. LNG must be stored in cryogenic tanks at -162°C, requiring dedicated infrastructure both onboard and at bunkering facilities.

**LPG** consists mainly of propane and butane, stored under moderate pressure rather than at cryogenic temperatures. Although its energy density is slightly lower than that of LNG, LPG benefits from simpler storage and transport logistics [37]. Moreover, LPG can also be used in dual-fuel engines, providing an additional avenue for emission reductions without requiring extensive retrofitting or infrastructure modifications compared to LNG.

Key aspects of LNG and LPG as marine fuels can be summarized as:

- **Status and Benefits:** LNG is currently the most commercially mature alternative fuel, with proven reductions in SO<sub>x</sub>, NO<sub>x</sub>, and PM emissions. LPG, although less widely adopted, offers operational simplicity and fuel-switching flexibility.
- **Challenges:** Methane slip remains the primary environmental concern associated with LNG. For LPG, safety and pressurized storage are considerations, but they are easier to manage than LNG's cryogenic requirements.
- **Infrastructure and Retrofits:** Both fuels require specialized bunkering and onboard storage solutions. Dual-fuel engine retrofits are available for both LNG and LPG, providing shipowners with a flexible pathway to achieve emission reductions.

#### 4.1.2 Compressed Natural Gas (CNG) and Biogas

**Compressed Natural Gas (CNG):** CNG is similar to LNG but stored under high pressure (200–250 bar) instead of cryogenic temperatures. Deep-sea shipping is less standard due to limited energy density and storage challenges, but it has potential for short-sea and inland applications.

**Biogas:** Biogas is produced from anaerobic digestion of organic waste. It can be upgraded to biomethane, which is chemically identical to natural gas, and used in existing LNG and CNG systems. Biogas offers a renewable, circular option for shipping if scaled and certified [38].

#### 4.1.3 Methanol and E-Methanol

Methanol can be produced from fossil fuels (grey), biomass (bio-methanol), or renewable electricity and captured CO<sub>2</sub> (e-methanol). It is liquid at ambient conditions, simplifying storage and handling, and can be burned in retrofitted dual-fuel engines. E-methanol offers near-zero lifecycle emissions [39].

#### 4.1.4 Ammonia

Ammonia is a promising zero-carbon fuel, mainly when produced as green ammonia using renewable electricity. It can be used in internal combustion engines or fuel cells, but its toxicity and handling challenges require robust safety measures [40]. Research is ongoing to enable ammonia-capable engines and bunkering systems.

#### 4.1.5 Hydrogen

Hydrogen, particularly green hydrogen, is a long-term zero-emission fuel. It can be used in fuel cells or combustion engines [35]. Fuel cells, such as PEMFCs, offer higher electrical efficiencies and zero-emission operation, making them ideal for short-sea shipping and ferries. Challenges include hydrogen storage (compressed or liquid), energy density, and supply chain development [41].

#### 4.1.6 Biofuels

Biofuels (e.g., FAME biodiesel, HVO, bio-LNG) can serve as drop-in replacements in existing engines, thereby meeting the short-term greenhouse gas (GHG) reduction goals. Lifecycle emissions vary by feedstock and production process [42]. Sustainability concerns arise when using food-based feedstocks.

### 4.2 Integrated Environmental and Techno-Economic Assessment

A thorough evaluation of alternative marine fuels demands a multidimensional approach that goes beyond simple emissions accounting. To support evidence-based decision-making in fuel selection and investment, it is essential to consider the entire fuel value chain, integrating process modeling, Techno-Economic Assessment (TEA), and Life Cycle Assessment (LCA).

Process modeling and TEA simulate the detailed technical steps and operational requirements involved in fuel production, conversion, and utilization. These models quantify capital and operating expenditures, fuel yields, and process efficiencies, enabling comparisons between pathways (e.g., different biomass conversion routes or synthetic fuel synthesis routes). By linking engineering models with cost data, TEA provides crucial insights into economic feasibility, payback times, and the sensitivity of costs to fluctuations in feedstock or energy prices [41], [42].

Life Cycle Assessment (LCA) expands this analysis to include all environmental impacts from “cradle-to-grave,” i.e., from resource extraction (crops, waste, algae, or CO<sub>2</sub>) through transportation, conversion, fuel use, and end-of-life disposal or recycling. LCA quantifies not only greenhouse gas (GHG) emissions but also other environmental indicators such as water use, land use change, and toxicity. This comprehensive view ensures that emissions or impacts are not simply shifted from one stage to another or from one region to another [40].

Integrated frameworks—such as the one depicted in Figure 4.2—combine these methodologies. The framework begins with a resource assessment, encompassing various feedstock generations: first-generation (edible crops), second-generation (residues and wastes), third-generation (algae and aquatic biomass), and fourth-generation (engineered organisms). Each feedstock follows specific pre-treatment and conversion pathways (mechanical, chemical, thermochemical, biochemical), modeled in detail to estimate yields and by-products. The resulting fuels and bio-based products are then distributed for use in energy, transport, chemicals, or materials, with all associated environmental impacts tracked through the product life cycle.

Policy and sustainability criteria can be overlaid on these results, allowing decision-makers to compare not just which fuel is cheapest, but which pathway offers the most significant climate benefit, energy security, and alignment with regulatory trends (such as EU FuelEU Maritime or IMO decarbonization targets).

Advantages of the integrated assessment approach include:

- Identification of “hotspots” for emissions, costs, or risks across the value chain.
- Comparison of diverse fuel types (biofuels, e-fuels, ammonia, hydrogen) under consistent assumptions.
- Incorporation of sensitivity and uncertainty analysis (e.g., changing electricity prices, carbon taxes, or feedstock availability).
- Support for multi-criteria decision-making (economic, environmental, and social).

This holistic approach is crucial, as illustrated by Figure 4.2, for understanding trade-offs between emissions reduction, fuel cost, feedstock sustainability, and end-of-life impacts. Only through such comprehensive analysis can the shipping industry prioritize investments that are both economically sound and environmentally sustainable [39]–[42].

### 4.3 Synthetic Fuel Pathways

Synthetic fuels, also known as electrofuels or e-fuels, are a promising zero-emission solution for decarbonizing the maritime sector. These fuels are produced by synthesizing hydrocarbons from basic molecules—most often using renewable electricity, water, and captured carbon dioxide (CO<sub>2</sub>). The process is illustrated in Figure 4.3.

The synthetic fuel production pathway typically involves the following main steps:

1. Renewable Energy Supply: Electricity is generated from renewable sources, including wind, solar, and hydropower.
2. Water Electrolysis: Water is split into hydrogen and oxygen through electrolysis. If performed using renewable electricity, the resulting hydrogen is classified as “green hydrogen.”



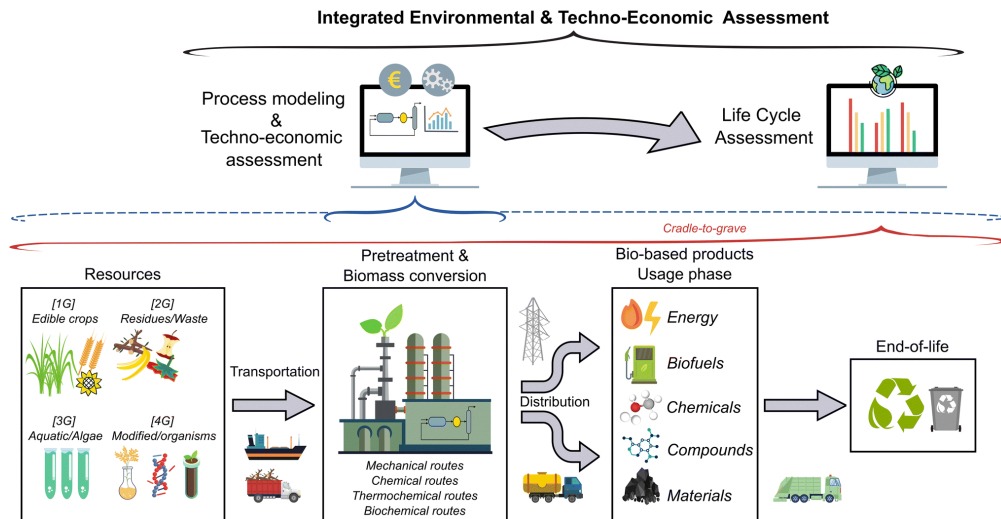


Figure 4.2: Integrated environmental and techno-economic assessment of alternative fuels [43].

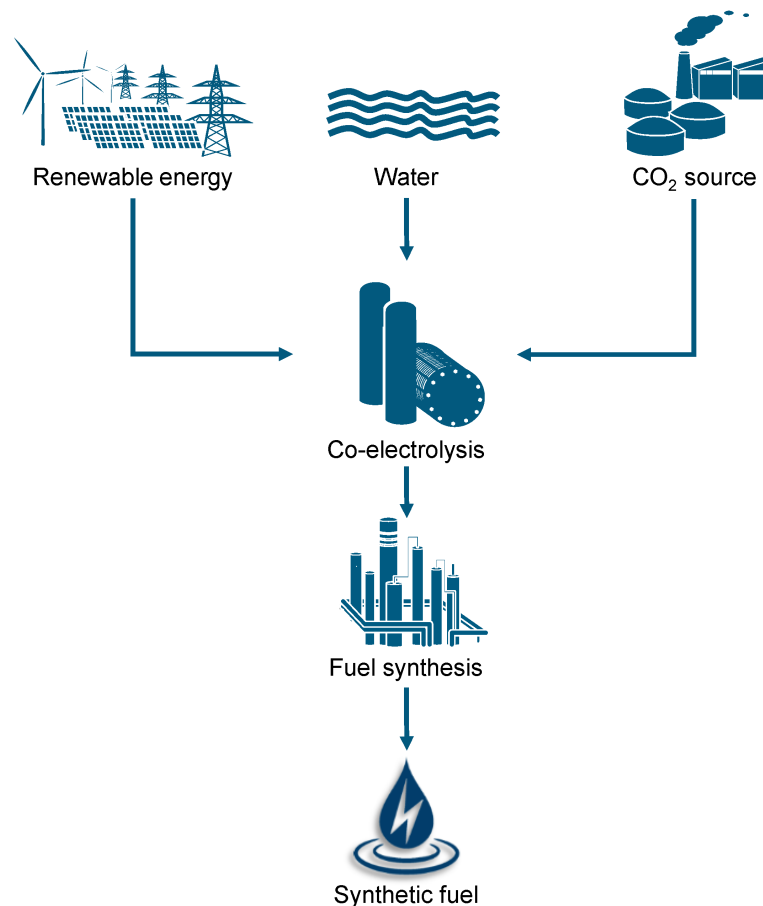


Figure 4.3: Schematic of synthetic fuel production via co-electrolysis and fuel synthesis [44].

3. CO<sub>2</sub> Capture: Carbon dioxide is sourced either from industrial flue gases, biogenic processes, or by Direct Air Capture (DAC) technologies.

4. Co-electrolysis: Advanced electrolyzers can combine water and CO<sub>2</sub> in a single step, producing synthesis gas (a mixture of hydrogen and carbon monoxide).
  5. Fuel Synthesis: The synthesis gas is catalytically converted into liquid hydrocarbons, such as synthetic diesel, gasoline, methanol, or other alcohols, via well-established processes like Fischer-Tropsch or methanol synthesis.
- Carbon Neutrality: If the electricity is renewable and the CO<sub>2</sub> is from biogenic or atmospheric sources, the overall process can achieve near-zero or even net-negative lifecycle greenhouse gas emissions.
  - Compatibility: Synthetic fuels are often chemically identical to conventional marine fuels, allowing for direct use (“drop-in”) in existing engines, infrastructure, and bunkering systems with minimal modification.
  - Energy Storage: They act as energy carriers, enabling long-term storage and global transport of renewable energy in a storable, dense, and easily handled form.
  - Energy Intensity: The production of synthetic fuels is highly energy intensive, requiring significant amounts of low-carbon electricity to achieve meaningful emissions reductions.
  - Cost: Currently, synthetic fuels are considerably more expensive than conventional marine fuels, mainly due to the cost of renewable electricity and capital investment in electrolysis and synthesis infrastructure.
  - CO<sub>2</sub> Sourcing: Large-scale deployment relies on a reliable, sustainable, and non-fossil source of CO<sub>2</sub>.

Pilot projects and demonstration plants are being developed worldwide, particularly in Europe, Japan, and Australia, to scale up the production of synthetic fuels for aviation and shipping. Advances in electrolyzer technology, carbon capture, and process integration are expected to reduce costs and improve efficiency over time. As policies such as the EU FuelEU Maritime and global carbon pricing become more stringent, synthetic fuels are likely to play a pivotal role in shipping’s energy transition [36], [39].

Overall, synthetic fuel pathways provide a technically robust and future-proof solution for decarbonizing deep-sea shipping. Their success, however, is contingent upon the expansion of renewable electricity, continued cost reductions, and supportive regulatory frameworks.

## 4.4 Economic and Social Considerations

The transition to alternative fuels in the maritime sector is not solely a technical challenge but also a complex economic and social issue. Achieving the International Maritime Organization’s (IMO) decarbonization targets and the European Union’s

climate neutrality goals requires considering environmental benefits, financial feasibility, and social equity in an integrated manner. Figure 4.4 provides a conceptual framework highlighting these interlinked dimensions.

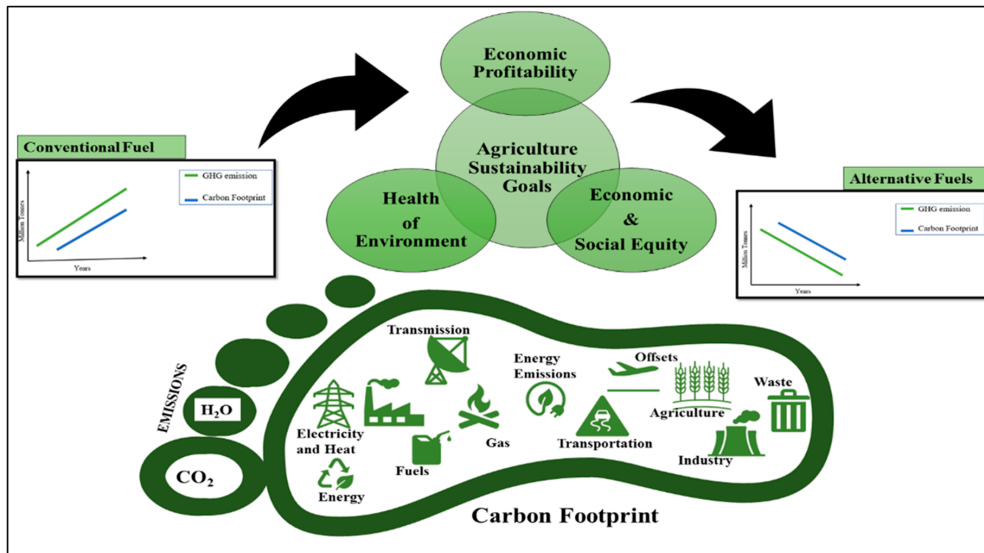


Figure 4.4: Techno-economic and social framework of alternative fuels [45].

Techno-economic assessment (TEA) is essential to determine whether alternative fuels are financially viable and competitive with conventional marine fuels. TEA examines:

- **Capital Expenditure (CAPEX):** Costs for retrofitting or building new vessels, fuel production plants, and bunkering infrastructure.
- **Operational Expenditure (OPEX):** Ongoing fuel, maintenance, and crew training costs.
- **Fuel Price Volatility:** The long-term price stability of alternative fuels compared to HFO and MDO.
- **Lifecycle Costs:** The total cost of ownership, including compliance with evolving emissions regulations and potential carbon pricing schemes.

Studies indicate that while many alternative fuels (such as hydrogen, ammonia, and synthetic fuels) can offer significant reductions in GHG emissions, their current cost premium over traditional fuels is substantial [36]. Investment in supply chain infrastructure and economies of scale is needed to close this gap.

The environmental benefits of alternative fuels are evident in reduced greenhouse gas (GHG) emissions and lower carbon footprints, as depicted in the declining trends for both metrics in Figure 4.4. However, the sustainability of these fuels is tied to:

- **Feedstock Sourcing:** Avoiding negative impacts such as deforestation, food vs. fuel competition, or loss of biodiversity for biofuels.

- **Regional Disparities:** Ensuring developing countries and small island states are not disproportionately disadvantaged by new regulations or infrastructure costs.
- **Job Creation and Economic Development:** The transition creates opportunities for new jobs and green industries, but also requires reskilling and adjustment support for workers in traditional sectors who are affected.

The widespread adoption of alternative fuels hinges on social acceptance among shipowners, operators, crew, and the public. This includes:

- **Safety and Health:** Ensuring robust safety protocols for handling fuels such as ammonia and hydrogen, which pose toxicity or explosion risks.
- **Public Perception:** Gaining trust in the reliability and sustainability of new fuels through transparent communication and demonstration projects.
- **Policy Incentives:** Governments and international bodies play a crucial role by providing subsidies, implementing carbon pricing, and issuing clear regulatory signals to accelerate investment in alternative fuels.

The shift to alternative fuels is a multi-dimensional process, requiring a holistic approach that balances economic viability, environmental protection, and social equity. The framework in Figure 4.4 highlights that only by addressing all these aspects together can shipping achieve a sustainable, profitable, and fair transition to a decarbonized future.

## 4.5 Comparative Assessment of Fuel Options

A robust comparative assessment of alternative marine fuels is crucial for informing investment decisions, regulatory priorities, and technology development in the shipping sector. Table 4.1 synthesizes the key attributes of each option, enabling a direct comparison of their emissions performance, technological readiness, safety requirements, and market status.

**LNG and LPG:** Both LNG and LPG are regarded as transitional solutions, with well-established bunkering infrastructure and experience in dual-fuel engine operations. LNG offers moderate GHG savings and significant reductions in air pollutants (SO<sub>x</sub>, NO<sub>x</sub>), but its climate benefit is compromised by methane slip—an issue requiring technological and regulatory mitigation [35], [36]. LPG, while easier to handle and store, has a slightly higher greenhouse gas (GHG) intensity and remains at an earlier stage of adoption.

**CNG and Biogas:** CNG is primarily suitable for short-sea shipping due to its volumetric storage limitations. Biogas, mainly sourced from waste, offers the potential for net-zero or even net-negative lifecycle emissions and can utilize existing LNG/CNG infrastructure; however, scalability and certification challenges remain [38].

**Methanol and Ammonia:** Methanol's flexibility (produced from fossil, biomass, or renewable sources) and liquid storage at ambient conditions make it attractive for

Table 4.1: Comparative assessment of alternative marine fuels

| Fuel     | GHG Emissions (gCO <sub>2</sub> e/MJ) | Engine Compatibility | Safety/Storage                                | Status             |
|----------|---------------------------------------|----------------------|---|--------------------|
| LNG      | 70–80                                 | Dual-fuel retrofit   | Cryogenic storage required                    | Commercial         |
| LPG      | 75–85                                 | Retrofit possible    | Pressurized storage tanks                     | Emerging           |
| CNG      | 70–80                                 | Retrofit possible    | High-pressure tanks                           | Niche applications |
| Biogas   | 20–60                                 | Drop-in compatible   | Same as LNG/CNG                               | Pilot-scale        |
| Methanol | 60–90                                 | Dual-fuel retrofit   | Liquid at ambient conditions                  | Emerging           |
| Ammonia  | Near 0 (green)                        | Newbuild/retrofit    | Toxic and corrosive; advanced safety required | Early-stage        |
| Hydrogen | Near 0 (green)                        | Fuel cells           | Cryogenic or high-pressure storage            | Early-stage        |
| Biofuels | 20–60                                 | Drop-in compatible   | Liquid (similar to MDO)                       | Commercial         |
| Nuclear  | Zero                                  | New vessel design    | Radiation shielding and safety systems        | Specialized, niche |

both newbuilds and retrofits. Green methanol (produced from renewables) can offer near-zero greenhouse gas (GHG) emissions but is currently cost-prohibitive and supply-limited [39], [42]. Ammonia, by contrast, emits no CO<sub>2</sub> at the point of use and is widely regarded as a key zero-carbon fuel. However, toxicity and handling risks demand new safety standards and crew training, and green ammonia production must scale rapidly [40].

**Hydrogen:** Hydrogen is a proper zero-emission fuel when produced via electrolysis powered by renewables (green hydrogen). Its use in fuel cells provides the highest efficiency and zero air pollution, but storage (either as compressed gas or cryogenic liquid) and infrastructure are significant obstacles for ocean-going vessels [41].

**Biofuels:** Biofuels are currently the most commercially viable drop-in option, requiring minimal engine modification. However, sustainability depends on the type of feedstock and the level of supply chain traceability. Food crop-based fuels may raise ethical and environmental concerns, while advanced biofuels from waste or non-food biomass are preferred [42].

**Nuclear:** Nuclear propulsion, although truly zero-emission at the point of use, is a niche technology and primarily applicable to naval or specialized vessels due to regulatory, safety, and public acceptance challenges.

- **Short-term:** Biofuels, LNG, and (to a lesser extent) LPG are the most viable options, supported by existing or rapidly developing infrastructure.
- **Medium-term:** Methanol and biogas could play a major role as production capacity increases, alongside pilot deployments of ammonia and hydrogen.
- **Long-term:** Widespread adoption of green ammonia, hydrogen, and synthetic fuels—contingent on large-scale renewable energy deployment and regulatory harmonization—will be required for deep decarbonization.

The comparative overview demonstrates that no single fuel offers a “silver bullet”. Instead, a portfolio approach—matching fuel characteristics to vessel type, operational profile, and regional infrastructure—will likely dominate the sector’s transition to zero emissions. Continued R&D, demonstration projects, and policy incentives are essential to overcome remaining technical, economic, and social barriers [36], [39]–[42].

## 5 Zero-Emission Fuels in Shipping

Achieving the International Maritime Organization's (IMO) target of net-zero greenhouse gas (GHG) emissions from international shipping by or around 2050 necessitates a radical transformation of marine fuel systems. This transformation hinges on the large-scale deployment of zero-emission fuels—defined as those that emit no GHGs during onboard use (tank-to-wake), and have minimal or net-zero lifecycle emissions (well-to-wake) when accounting for upstream production and distribution [3]. The complexity of this transition is illustrated in Figure 5.5, which demonstrates the steep emissions reduction trajectory required to meet international targets, with a critical inflection point around 2030, where the uptake of zero-emission fuels must accelerate dramatically.

This chapter critically examines key emerging options: green hydrogen, green ammonia, synthetic methanol, advanced biofuels, and battery-electric systems. Their technical properties, emission profiles, cost structures, infrastructure requirements, and scalability are evaluated within the context of global decarbonization mandates such as the EU's "Fit for 55" and the IMO's Revised GHG Strategy [35]. Although these fuels offer transformative potential, they also introduce new engineering, regulatory, and operational challenges that must be addressed for widespread adoption to occur. The integrated nature of these challenges is exemplified in Figure 5.1, which illustrates how the deployment of zero-emission fuels requires coordinated development across renewable energy generation, fuel production, storage infrastructure, and shipboard power systems.

### 5.1 Definition of Zero-Emission Fuels

The term "zero-emission fuel" in the maritime context is generally defined as a fuel that exhibits specific characteristics across its entire lifecycle, not merely at the point of use. This comprehensive approach is essential because focusing solely on tank-to-wake emissions can lead to carbon leakage and unintended environmental consequences in the upstream production chain.

A zero-emission fuel must:

- Emit no greenhouse gases (GHGs) or air pollutants during onboard combustion or electrochemical conversion (i.e., tank-to-wake). This includes not only CO<sub>2</sub> but also other climate-relevant emissions, such as CH<sub>4</sub>, N<sub>2</sub>O, and black carbon particles, which have significant warming potential.

- Exhibit minimal or net-zero lifecycle (well-to-wake) emissions when upstream activities—such as electricity generation, fuel synthesis, and transportation—are considered [3]. This lifecycle perspective is crucial because some ostensibly "clean" fuels can have substantial upstream emissions if produced using electricity or feedstocks derived from fossil sources.

The lifecycle assessment framework, illustrated in Figure 5.2, demonstrates the complexity of achieving actual zero-emission status. The diagram shows three critical stages: feedstock production and transportation, fuel production and distribution, and end-use application. Each stage presents opportunities for emissions reduction, but also potential pitfalls where seemingly clean processes can have hidden carbon intensity. For example, even renewable electricity used for hydrogen production carries embedded emissions from the manufacturing of solar panels or wind turbines, although these are typically 10-50 times lower than those from fossil fuel alternatives.

Fuels derived from fossil sources—even if they reduce emissions at the point of use—are excluded unless they are paired with carbon capture and demonstrate complete lifecycle neutrality. This exclusion is essential because it prevents "greenwashing" of fossil fuels through partial emission reductions while maintaining fundamental dependence on carbon-intensive extraction and processing. Thus, eligible fuels include:

- **Green hydrogen:** Produced via electrolysis using 100% renewable electricity with lifecycle emissions typically below 2 kgCO<sub>2</sub>/kgH<sub>2</sub>, compared to 9-12 kgCO<sub>2</sub>/kgH<sub>2</sub> for gray hydrogen from steam methane reforming.
- **Green ammonia:** Synthesized using green hydrogen and atmospheric nitrogen via the Haber-Bosch process, requiring approximately 3 kgH<sub>2</sub> per tonne NH<sub>3</sub> and significant process heat that must also be supplied from renewable sources.
- **Synthetic e-fuels:** Such as e-methanol, produced by combining captured CO<sub>2</sub> with green H<sub>2</sub>. Carbon neutrality depends critically on the CO<sub>2</sub> source; direct air capture or biogenic sources are preferred over industrial point sources, which may incentivize continued use of fossil fuels.
- **Advanced biofuels:** Derived from non-food feedstocks like algae, waste oils, or agricultural residues, verified through sustainability certifications. These must demonstrate no Indirect Land Use Change (ILUC) effects and minimal lifecycle emissions through comprehensive supply chain tracking.

As definitions and accounting frameworks evolve, it is crucial to align fuel certification with LCA standards, ensuring consistency with global decarbonization goals and regional mandates, such as FuelEU Maritime and the Fit for 55 package. The International Organization for Standardization (ISO) standards 14040 and 14044 provide the methodological framework. However, maritime-specific guidelines are still under development, creating uncertainty for fuel producers and ship operators regarding acceptable emission thresholds and calculation methodologies.



## 5.2 Fuel Overview and Properties

Table 5.1 summarizes the characteristics of leading zero-emission fuels. Hydrogen and ammonia exhibit high gravimetric energy density but suffer from low volumetric density, necessitating complex storage solutions such as cryogenic tanks or pressurized systems. This storage challenge is particularly critical for maritime applications where space and weight constraints are paramount, and where the harsh marine environment demands robust containment systems capable of withstanding corrosion, vibration, and temperature fluctuations.

Methanol and advanced biofuels, by contrast, are liquid at ambient conditions and are compatible with existing fuel infrastructure, providing easier short-term integration for existing fleets. This compatibility advantage cannot be overstated—it allows for immediate emissions reductions without the substantial capital investments required for new storage and handling systems. However, this apparent simplicity masks underlying complexities related to engine modifications, fuel quality specifications, and supply chain certification requirements.

Battery-electric propulsion offers operational simplicity and zero onboard emissions, but is limited to short-range routes due to low energy density (measured volumetrically) and battery weight. The energy density limitations become particularly pronounced when considering the additional weight of protective systems required for marine environments, including waterproof enclosures, thermal management systems, and safety disconnects. Technology Readiness Levels (TRLs) vary widely across these options, with biofuels and methanol approaching commercialization (TRLs 8-9), while ammonia and hydrogen systems remain in early demonstration phases (TRLs 4-7), reflecting the significant technical and safety challenges that still need to be resolved.

Table 5.1: Summary of Zero-Emission Fuels for Maritime Applications

| Fuel Type                     | Origin   | Emission Profile   | Energy Density (MJ/kg) | Storage Complexity                             | TRL |
|-------------------------------|--|--|------------------------|--|-----|
| Hydrogen (H <sub>2</sub> )    | Electrolysis using renewable electricity   | Zero tank-to-wake  | ~120                   | Cryogenic at –253°C                            | 5–7 |
| Ammonia (NH <sub>3</sub> )    | Synthesized from green H <sub>2</sub> and atmospheric N <sub>2</sub> (Haber-Bosch process) | Zero CO <sub>2</sub> , potential NO <sub>x</sub> emissions | 18.6                   | Pressurized or refrigerated storage            | 4–6 |
| Methanol (CH <sub>3</sub> OH) | Synthesized from CO <sub>2</sub> + green H <sub>2</sub> , or from biomass (bio-methanol)   | Near-zero lifecycle emissions                              | 19.9                   | Liquid at ambient conditions                   | 6–8 |
| Advanced Biofuels             | Derived from waste oils, residues, or algae  | Potentially carbon-neutral depending on feed-stock         | 35–42                  | Compatible with existing diesel infrastructure | 8–9 |
| Battery-Electric              | Sourced from shore-based renewable electricity   | Zero emissions   | –                      | Requires high volume and weight for long range | 7–8 |

### 5.3 Economic Feasibility

Economic feasibility remains a core barrier to the deployment of zero-emission fuels. As Table 5.3 illustrates, fossil fuels like HFO and LNG remain significantly cheaper on an energy basis than most green alternatives. The cost differential is not merely a matter of scale but reflects fundamental thermodynamic and infrastructure challenges. Green hydrogen and green ammonia, in particular, remain 4–6 times more expensive than HFO due to the high cost of renewable electricity, electrolyzer technology, and the immaturity

of infrastructure [46], [47]. The electrolyzer capital costs alone represent 30 – 40% of green hydrogen production costs. In contrast, electricity costs can account for 50 – 70% of operational expenses, making the economics highly sensitive to renewable energy pricing and capacity factors.

Advanced biofuels and green methanol offer a more economically viable pathway in the short term, particularly when produced at scale from sustainable biomass or CO<sub>2</sub> captured from biogenic sources. However, their availability is constrained by limited feedstocks and competing demand from other sectors, including aviation, road transport, and chemical manufacturing. This competition creates price volatility and supply security concerns that shipping companies must consider when developing their long-term fuel procurement strategies.

Closing the cost gap will likely require coordinated policy support, including carbon pricing, direct subsidies, or "contracts for difference" to de-risk long-term fuel production investments [35]. The European Union's ETS extension to shipping, combined with FuelEU Maritime regulations, is expected to create a carbon price signal of \$50-100 per tonne CO<sub>2</sub> by 2030, which could improve the competitive position of zero-emission fuels significantly. Technological advances and economies of scale—especially in electrolyzer manufacturing and renewable energy deployment—may reduce costs significantly by the mid-2030s, with learning curve effects potentially reducing electrolyzer costs by 50 – 70% as global manufacturing capacity scales up.

Table 5.3: Projected Marine Fuel Costs (2030 Estimates)

| Fuel Type                   | Estimated Cost (\$/GJ) |
|-----------------------------|------------------------|
| Heavy Fuel Oil (HFO)        | 10–15                  |
| Liquefied Natural Gas (LNG) | 12–18                  |
| Advanced Biofuels           | 20–30                  |
| Green Methanol              | 40–50                  |
| Green Ammonia               | 50–60                  |
| Green Hydrogen              | 70–100                 |

An up-and-coming solution to reducing emissions at berth is the integration of Shore-Side Electricity (SSE), also known as cold ironing. SSE allows ships to shut down auxiliary engines while docked and draw power from onshore grids, thereby eliminating emissions of CO<sub>2</sub>, NO<sub>x</sub>, SO<sub>2</sub>, and PM in port areas. Studies have shown that SSE can lead to reductions in GHG emissions ranging from 50% to over 80%, depending on grid carbon intensity and ship type [48]. Moreover, SSE adoption is already underway in several major European ports, incentivized by environmental regulations and public health concerns [35], [49]. However, widespread deployment requires substantial investment in port infrastructure and standardization across vessel power interfaces. The economic feasibility depends on local electricity tariffs, ship call frequency, and regu-

latory frameworks such as the EU Alternative Fuels Infrastructure Regulation (AFIR) [3].

## 5.4 Deployment Barriers and Considerations

Despite their environmental benefits, zero-emission fuels face substantial barriers to large-scale implementation in maritime operations. These challenges are multidimensional, involving technological, economic, infrastructural, and regulatory constraints [35]. The integrated nature of these challenges is demonstrated in Figure 5.1, which illustrates how successful deployment requires coordinated development across the entire value chain—from renewable energy generation through fuel production, storage, distribution, and onboard utilization systems.

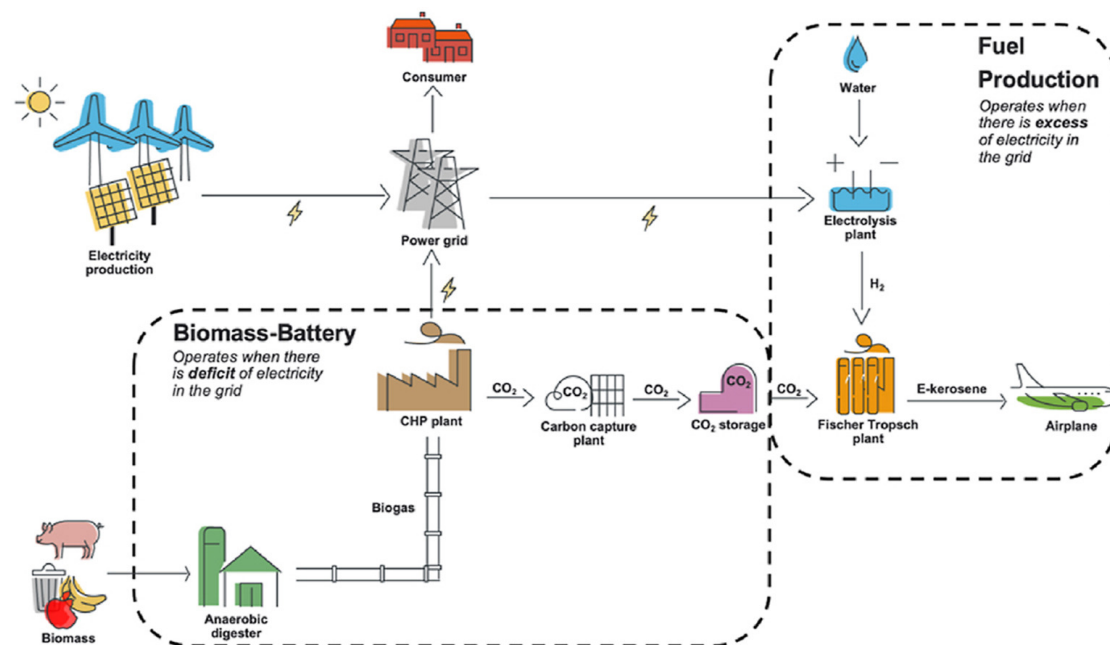


Figure 5.1: Integrated zero-emission fuel production and distribution system demonstrating the complex infrastructure coordination required for maritime decarbonization. [50], [51].

- **Storage and Handling:** Hydrogen requires either high-pressure (350–700 bar) or cryogenic storage at  $-253^{\circ}\text{C}$ , demanding new safety protocols and ship designs. The cryogenic storage option involves continuous boil-off losses of 0.1 – 0.3% per day, requiring either reliquefaction systems or fuel consumption strategies to manage the evaporated hydrogen. Ammonia, while easier to store at  $-33^{\circ}\text{C}$  or 8.5 bar, is toxic and corrosive, posing environmental and occupational safety risks that require sophisticated leak detection systems, emergency response procedures, and specialized crew training [47].
- **Infrastructure Gaps:** Global port infrastructure is currently tailored to fossil fuels, with existing bunkering systems, pipelines, and storage facilities designed for

liquid hydrocarbons. Retrofitting for hydrogen or ammonia bunkering involves redesigning pipelines, safety systems, and storage terminals, requiring substantial CAPEX investments of \$50-200 million per major port and long permitting processes that can extend 5-10 years [35]. The safety requirements alone necessitate new emergency response protocols, specialized firefighting equipment, and exclusion zones that may conflict with existing port operations.

- **Economic Viability:** The high upfront cost of new propulsion systems, storage tanks, and fuel supply chains limits adoption without strong incentives. Ship retrofits for alternative fuels can cost \$5-15 million for mid-sized vessels, while new builds may carry a 15 – 30% premium over conventional designs. Moreover, OPEX may remain elevated until scale economies reduce production costs, creating a circular dependency where widespread adoption is needed to achieve cost reductions. Still, cost reductions are necessary to drive adoption.
- **Policy and Regulation:** Although the IMO has set targets (e.g., 70% GHG reduction by 2040), implementation remains voluntary and lacks the binding enforcement mechanisms needed to drive industry transformation. The absence of global carbon pricing creates competitive distortions where early adopters face cost disadvantages. More vigorous enforcement, carbon pricing, and fuel mandates are needed to de-risk investments and support early adopters [3]. Regional regulations, such as the EU's FuelEU Maritime, create a patchwork of requirements that complicate global shipping operations and may lead to regulatory arbitrage.

Addressing these challenges requires coordinated action from industry stakeholders, policymakers, port authorities, and fuel producers. The complexity of this coordination is evident in Figure 5.2, which illustrates how the deployment of zero-emission fuels must consider emissions and impacts across the entire production chain, from feedstock sourcing to end-use applications. In the following sections, the potential of each fuel is examined based on operational compatibility, regulatory readiness, and technological maturity for various vessel classes and voyage profiles.

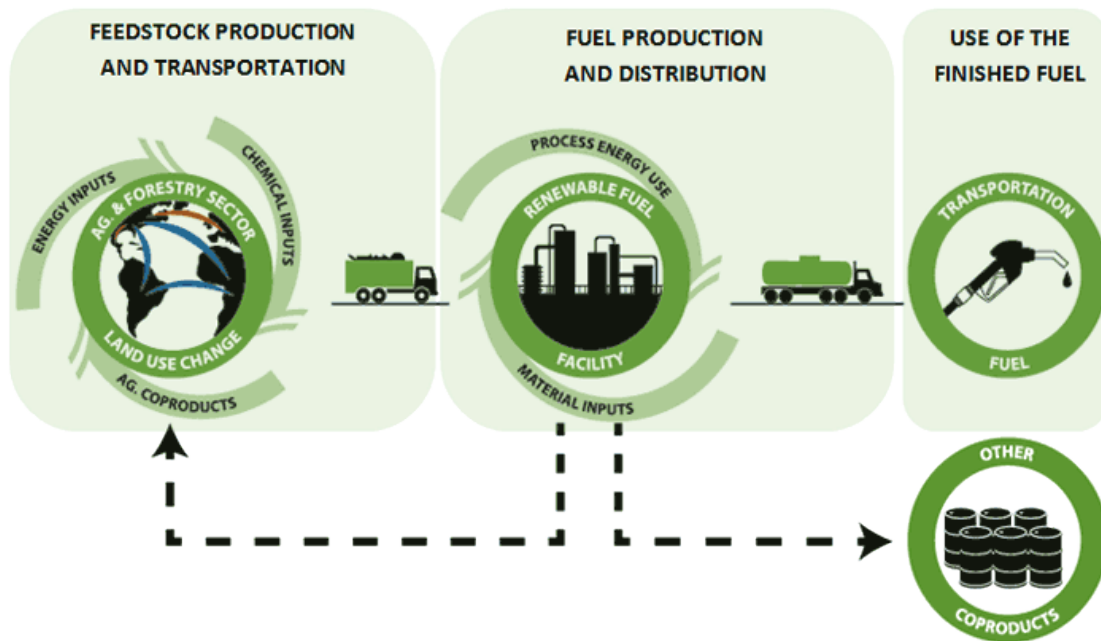


Figure 5.2: Well-to-wake lifecycle assessment framework for zero-emission fuels showing the three critical stages: feedstock production and transportation, fuel production and distribution, and end-use application. [52], [53].

## 5.5 Green Hydrogen

Green hydrogen is widely regarded as a cornerstone of maritime decarbonization due to its zero-emission profile and high energy content per kilogram (approximately 120 MJ/kg, three times higher than conventional marine fuels). However, its volumetric energy density is extremely low—even in its liquefied form at  $-253^{\circ}\text{C}$ , hydrogen contains only about 25% of the energy per unit volume compared to marine gas oil—posing serious challenges for storage on board large ships. The fundamental physics of hydrogen storage creates a persistent engineering challenge: achieving adequate range requires either massive storage volumes that compromise cargo capacity or complex storage systems that add significant weight and cost [54].

Despite its environmental promise, the integration of this technology into the maritime sector is hindered by technical, logistical, and economic limitations that extend far beyond concerns about simple storage density. The electrochemical conversion of hydrogen to electricity, illustrated in Figures 5.3 and 5.4, demonstrates two primary pathways for shipboard utilization: PEMFCs operating at  $60 - 80^{\circ}\text{C}$ , and SOFCs operating at  $600 - 800^{\circ}\text{C}$  [55], [56].

### 5.5.1 Opportunities and Applications

The deployment potential for green hydrogen varies significantly across different maritime segments, with early applications focusing on routes and vessel types where the storage limitations are less constraining:

- **Short-sea Shipping:** Green hydrogen is already being piloted in short-distance ferries and inland waterway vessels, with notable examples including the MF Hydra in Norway, which operates a 200 kW fuel cell system for a 5.7 km route. These applications benefit from predictable schedules, short distances that minimize storage requirements, and access to shore-based refueling infrastructure. The operational experience from these projects provides valuable data on fuel cell performance, hydrogen consumption rates, and maintenance requirements in marine environments [35], [57].
- **Scalability Potential:** Despite current limitations, hydrogen holds long-term potential for deep-sea shipping through innovations in storage technologies such as metal hydrides, Liquid Organic Hydrogen Carriers (LOHCs), or advanced composite pressure vessels. Metal hydrides can store hydrogen at lower pressures (1-30 bar) and ambient temperatures, though they typically add 10-15 times the weight of the stored hydrogen. LOHCs like methylcyclohexane can store hydrogen in liquid form at ambient conditions, but require energy-intensive dehydrogenation processes onboard a ship [54], [56].

### 5.5.2 Barriers to Adoption

The technical and economic barriers to hydrogen adoption in shipping are substantial and interconnected:

- **Storage Density:** At 700 bar, compressed hydrogen has approximately 25% the volumetric energy density of diesel, requiring storage tanks that are 4-5 times larger for equivalent energy content. Liquefaction improves volumetric density but requires significant energy input (25 – 35% of the fuel's energy content) and continuous energy consumption to maintain cryogenic temperatures. The round-trip efficiency from electricity to hydrogen and back to electricity ranges from 35 – 45%, compared to 85 – 95% for battery systems, though batteries face their own weight and energy density limitations [56].
- **Bunkering Infrastructure:** Currently, fewer than 20 ports worldwide are equipped with hydrogen bunkering capabilities, and most of these serve only small-scale demonstration projects. Developing hydrogen terminals requires specialized compressors, cryogenic storage systems, and transfer equipment capable of handling the extreme conditions safely. The estimated cost for a central port hydrogen terminal ranges from \$100-300 million, depending on capacity and safety requirements.

International safety codes for hydrogen bunkering are still under development, creating regulatory uncertainty for infrastructure investments [35].

- **Economic Viability:** Green hydrogen production costs remain 3–5 times higher than HFO on an energy basis, even with rapidly falling electrolyzer prices. The capital cost of shipboard fuel cell systems ranges from \$3,000-8,000 per kW installed, compared to \$500-1,500 per kW for conventional marine diesel engines. The need for specialized crew training further increases operational costs, as well as the maintenance of complex fuel cell systems (which typically require stack replacement every 8,000-15,000 hours), and the cost of hydrogen fuel itself [55].

The fuel cell technologies shown in Figures 5.3 and 5.4 each offer distinct advantages and challenges for marine applications. PEMFCs offer rapid startup, good dynamic response, and operation at relatively low temperatures, making them suitable for variable load applications such as ferries and offshore service vessels. However, they require high-purity hydrogen and are sensitive to contaminants. SOFCs offer higher efficiency (50 – 60% vs. 40 – 50% for PEMFCs) and fuel flexibility, potentially allowing operation on ammonia or methanol. Still, their high operating temperature creates thermal management challenges and longer startup times, making them unsuitable for frequent stop-start operations.

Thus, while green hydrogen is technically feasible and environmentally desirable, its large-scale deployment in maritime transport will likely depend on strong policy support, infrastructure investment, and cross-sectoral innovation that addresses the fundamental storage and cost challenges. The technology appears most promising for specific niches—short-sea shipping, ferries, and potentially auxiliary power systems—while its application to deep-sea shipping will require breakthrough innovations in storage technology or significant cost reductions in fuel cell systems.

## 5.6 Green Ammonia

Green ammonia circumvents many of hydrogen's storage challenges by being easier to liquefy and handle using existing infrastructure developed for the fertilizer industry. With a volumetric energy density approximately three times higher than that of liquid hydrogen, ammonia can be stored as a liquid at  $-33^{\circ}\text{C}$  and atmospheric pressure, or ambient temperature under 8.5 bar pressure, making it significantly more practical for maritime applications. It does not emit  $\text{CO}_2$  during combustion. Still, it poses other environmental and technical risks, particularly related to toxicity and  $\text{NO}_x$  formation, which require careful management through advanced combustion control and aftertreatment systems.

The production of green ammonia requires the Haber-Bosch process, where green hydrogen is combined with nitrogen from the air at high temperatures (400 – 500°) and pressures (150-300 bar), consuming approximately 28-35 GJ of energy per tonne



of ammonia produced. This energy intensity, combined with the need for renewable electricity throughout the production chain, currently makes green ammonia 4-6 times more expensive than conventional marine fuels; however, costs are projected to decline significantly as electrolyzer technology matures and renewable energy becomes more affordable.

### 5.6.1 Use-Case Potential

Green ammonia's superior energy density and handling characteristics compared to hydrogen make it particularly attractive for larger vessels and longer voyages:

- **Deep-Sea Shipping:** Ammonia's volumetric energy density of approximately 12.7 MJ/L (compared to 4.2 MJ/L for liquid hydrogen) makes it better suited for long-haul applications where cargo space is at a premium. Container ships, bulk carriers, and tankers—which represent the majority of international shipping tonnage—could potentially accommodate ammonia fuel systems without significant compromises to cargo capacity. The storage pressures (8.5 bar) are also within the range of existing LPG carrier technology, allowing adaptation of proven storage and handling systems.
- **Demonstration Projects:** Several major shipping companies and engine manufacturers have launched green ammonia shipping projects that are moving beyond theoretical studies toward practical implementation. Yara International, in partnership with Azane Fuel Solutions, is developing ammonia bunkering infrastructure in Norway. In contrast, MAN Energy Solutions has developed dual-fuel engines capable of operating on ammonia with diesel pilot ignition. The first commercial ammonia-fueled vessels are expected to enter service between 2025 and 2027, providing critical operational data on fuel consumption, engine performance, and safety procedures.

### 5.6.2 Key Concerns

Despite its advantages over hydrogen, ammonia introduces significant safety and environmental challenges that must be addressed through comprehensive risk management:

- **Toxicity:** Ammonia is acutely toxic to humans and marine ecosystems, with exposure limits of 25 ppm for 8-hour occupational exposure and 35 ppm for short-term exposure (15 minutes). Concentrations above 300 ppm are immediately dangerous to life and health, while levels above 5,000 ppm can be fatal within 30 minutes. Accidental release during bunkering or from damaged fuel systems could have severe consequences for port workers, crew members, and marine life. This necessitates the use of sophisticated leak detection systems, emergency response protocols, and potentially exclusion zones around ammonia-fueled vessels in port areas.

- **Combustion Chemistry:** Unlike hydrogen, which burns cleanly to produce only water vapor, ammonia combustion can generate significant quantities of nitrogen oxides ( $\text{NO}_x$ ), particularly  $\text{N}_2\text{O}$  (nitrous oxide), which has a global warming potential 265 times greater than  $\text{CO}_2$  over 100 years. Uncontrolled ammonia combustion can also produce unburned  $\text{NH}_3$  emissions. These emissions necessitate the use of SCR systems or other advanced aftertreatment technologies, which add complexity and increase the cost of the propulsion system. Engine manufacturers are developing low-emission combustion strategies, including staged combustion and exhaust gas recirculation, but these technologies are still in the demonstration phase.
- **Supply Chain Lag:** Current green ammonia production is negligible, representing less than 0.01% of global ammonia output of approximately 180 million tonnes annually. The vast majority of ammonia is produced from natural gas through steam methane reforming, resulting in 1.8-2.2 tonnes of  $\text{CO}_2$  per tonne of ammonia. Scaling green ammonia production to meet projected shipping demand (estimated at 50-100 million tonnes annually by 2050) will require massive investments in renewable electricity generation, electrolysis capacity, and ammonia synthesis plants. This creates supply bottlenecks and price volatility that complicate long-term fuel procurement strategies.

The technical challenges of ammonia as a marine fuel extend beyond storage and combustion to include materials compatibility, as ammonia can cause stress corrosion cracking in certain steel alloys and requires specialized elastomers and sealing materials. Fuel injection systems must be designed to handle the lower energy density and different combustion characteristics of ammonia compared to conventional fuels. Additionally, crew training and certification requirements will need substantial updates to address the unique hazards of ammonia handling and the operation of dual-fuel propulsion systems.

Ammonia offers a viable alternative to hydrogen, particularly for large vessels and long-distance routes. Still, its successful deployment must be supported by stringent handling protocols, effective  $\text{NO}_x$  mitigation technologies, and targeted infrastructure development that addresses both the technical requirements and safety concerns. The development timeline suggests that ammonia-fueled shipping could become commercially viable in the late 2020s, provided that the current demonstration projects successfully address the key technical and safety challenges.

## 5.7 E-Methanol and Synthetic Hydrocarbons

E-methanol and synthetic hydrocarbons offer an attractive compromise in the transition to zero-emission shipping: they can deliver near-zero lifecycle emissions while leveraging existing marine infrastructure with minimal modifications. These "drop-in"

fuels allow for immediate emissions reductions without the major retrofits required for hydrogen or ammonia systems, making them particularly valuable for decarbonizing the existing fleet during the critical transition period of the 2020s and 2030s.

E-methanol production involves combining captured CO<sub>2</sub> with green hydrogen through catalytic synthesis, typically achieving overall process efficiencies of 65 – 75% when accounting for hydrogen production and methanol synthesis. The process requires approximately 1.4 tonnes of CO<sub>2</sub> and 0.2 tonnes of hydrogen to produce one tonne of methanol, along with significant process heat (typically 200 – 300°C) that must be supplied from renewable sources to maintain the fuel's zero-emission credentials.

### 5.7.1 Advantages in Deployment

The compatibility of methanol with existing maritime infrastructure provides significant advantages for rapid deployment:

- **Infrastructure Compatibility:** Methanol is liquid at ambient conditions with a volumetric energy density of approximately 15.8 MJ/L—about half that of conventional marine fuels but significantly higher than ammonia or hydrogen. Existing fuel tanks can be adapted for methanol with relatively minor modifications to account for its corrosive properties and lower flashpoint. Methanol-ready engines are already commercially available and in service, with notable examples including Maersk's methanol-powered container ships, which entered service in 2023-2024. These vessels demonstrate that methanol can be successfully integrated into large-scale commercial operations without compromising reliability or performance.
- **Modular Scaling:** E-methanol production facilities can be designed as modular units that can be colocated with renewable energy farms and carbon capture facilities, allowing for distributed production that reduces transportation costs and emissions. This modularity enables staged deployment that can scale with renewable energy availability and shipping demand. Small-scale production units (1,000-10,000 tonnes per year) can serve regional shipping markets, while larger facilities (100,000 tonnes per year or more) can supply major shipping routes and hub ports.
- **Operational Flexibility:** Methanol-fueled engines can typically operate on conventional marine fuels as well, providing operational flexibility during the transition period when methanol availability may be limited or regional. This dual-fuel capability reduces the risk of fuel supply disruptions and allows operators to optimize fuel choice based on availability and cost at different ports.

### 5.7.2 Critical Trade-offs

Despite these advantages, e-methanol faces several critical challenges that affect its sustainability credentials and economic viability:

- **CO<sub>2</sub> Source Dilemma:** The carbon neutrality of e-methanol depends critically on the source of CO<sub>2</sub> used in its production. Direct air capture (DAC) provides the most sustainable source but is currently expensive (\$200-600 per tonne CO<sub>2</sub>) and energy-intensive (1.5-2.0 MWh per tonne CO<sub>2</sub>). Biogenic CO<sub>2</sub> from biomass processing or fermentation offers a more economical option, but its availability is limited, and it may compete with other applications. Sing CO<sub>2</sub> from fossil fuel sources (such as industrial point sources) may be economically attractive, but it undermines the fuel's net-zero credentials and potentially incentivizes continued fossil fuel use.
- **High Input Energy Requirements:** The production of e-methanol is energy-intensive, requiring approximately 55-65 MWh of renewable electricity per tonne of methanol when including hydrogen production, CO<sub>2</sub> capture, and synthesis processes. Fischer-Tropsch processes for synthetic diesel are even more energy-intensive, with overall electrical efficiencies typically ranging from 35% to 45%. This high energy requirement means that e-methanol competes directly with other applications for limited renewable electricity, potentially driving up costs and slowing the deployment of renewable energy infrastructure.
- **Land Use and Resource Competition:** When e-methanol production relies on biogenic CO<sub>2</sub> sources, it may compete with land use for food production, biodiversity conservation, or other carbon sequestration applications. Large-scale biomass cultivation for CO<sub>2</sub> could lead to ILUC effects that partially offset the climate benefits. Additionally, the production of e-methanol competes with direct electrification applications for renewable electricity and electrolyzer capacity, which typically have higher energy efficiency.

The economic prospects for e-methanol are closely tied to advancements in carbon capture technology and the cost of renewable electricity. Current production costs of \$800-1,200 per tonne make e-methanol 2-3 times more expensive than conventional marine fuels, but costs could decline to \$400-600 per tonne by 2030 with improvements in DAC technology and electrolyzer efficiency. Policy support through carbon pricing, renewable fuel mandates, or production subsidies will likely be essential for commercial viability during the transition period.

Synthetic fuels represent a critical bridging solution, especially for retrofitting the existing fleet and providing operational flexibility during the transition to zero-emission shipping. However, their green credentials depend heavily on the carbon source and energy inputs used in production, and their long-term role will rely on their ability

to compete with direct electrification and other zero-emission alternatives as those technologies mature. The technology appears most promising for applications where the infrastructure compatibility advantages outweigh the energy efficiency penalties, particularly for existing vessels that cannot be easily converted to other zero-emission fuel systems.

## 5.8 Advanced Biofuels

Advanced biofuels remain among the most promising near-term solutions for maritime decarbonization due to their drop-in characteristics, relatively mature supply chains, and compatibility with existing vessel propulsion systems. Unlike first-generation biofuels derived from food crops, advanced biofuels are produced from non-food feedstocks such as waste cooking oils, agricultural residues, algae, and forestry waste, avoiding direct competition with food production while utilizing waste streams that would otherwise contribute to environmental problems. [56], [57]

The production pathways for advanced biofuels are diverse, including Hydroprocessed Esters and Fatty Acids (HEFA), Fischer-Tropsch synthesis from biomass gasification, alcohol-to-jet processes, and catalytic pyrolysis of lignocellulosic materials. Each pathway offers distinct advantages in terms of feedstock flexibility, product quality, and carbon intensity; however, all require sophisticated processing technologies and quality control systems to ensure that fuel specifications meet the requirements of marine engines.

However, questions around feedstock availability, ILUC, and lifecycle GHG accounting persist and require careful management through comprehensive sustainability certification schemes. The lifecycle emissions analysis, as illustrated in Figure 5.2, shows that the carbon intensity of advanced biofuels can vary dramatically (10-80 gCO<sub>2</sub>e/MJ) depending on feedstock source, processing methods, and transportation distances.

### 5.8.1 Strategic Role

Advanced biofuels occupy a unique position in the maritime decarbonization strategy due to their immediate deployability and established regulatory framework:

- **Short-term Deployment:** Advanced biofuels are suitable for immediate emissions reduction in the existing fleet without requiring engine modifications or new fuel handling systems. Ships can typically use biofuel blends up to 30 – 50% (B30-B50) with conventional marine diesel without modifications, while 100% biofuel operation may require minor fuel system adaptations. This immediate compatibility enables shipping companies to initiate decarbonization efforts. At the same time, other zero-emission technologies are maturing, providing a bridge solution during the critical 2020s and early 2030s, when shipping emissions must begin to decline to meet IMO targets.

- **EU and IMO Support:** Advanced biofuels are explicitly recognized under the EU's Renewable Energy Directive II (RED II) and the upcoming FuelEU Maritime regulation, which will mandate increasing shares of renewable fuels in the EU maritime sector starting in 2025. The IMO's lifecycle GHG guidelines also provide a framework for recognizing biofuels that demonstrate substantial reductions in emissions compared to fossil fuels. This regulatory recognition provides investment certainty for fuel producers and creates compliance pathways for ship operators facing increasing environmental regulations [3].
- **Supply Chain Maturity:** Unlike hydrogen or ammonia, advanced biofuels can utilize existing fuel distribution infrastructure, including pipelines, storage terminals, and bunkering facilities. This infrastructure compatibility significantly reduces the capital investment required for deployment and allows for rapid scaling once production capacity is established. Existing fuel quality testing procedures and engine warranties can be extended to cover certified biofuels, reducing operational risks for ship operators.

### 5.8.2 Caveats and Risks

Despite their advantages, advanced biofuels face several significant limitations that constrain their long-term role in maritime decarbonization:

- **Sustainability Certification:** All advanced biofuels must undergo rigorous verification of origin, land-use impact, and emissions profile through established certification schemes such as ISCC (International Sustainability and Carbon Certification), RSB (Roundtable on Sustainable Biomaterials), or similar frameworks. These certifications require detailed supply chain tracking from feedstock collection through fuel production and distribution, including verification that feedstocks are not sourced from areas with high carbon stock (forests, wetlands) or high biodiversity value. The certification process can add \$50-150 per tonne to fuel costs, but is essential for regulatory compliance and carbon accounting.
- **Feedstock Limitations:** The global availability of sustainable feedstocks for advanced biofuels is fundamentally limited and geographically concentrated. Waste cooking oils, the most readily available feedstock, could supply only 5 – 10% of current maritime fuel demand even if entirely dedicated to shipping. Agricultural residues and forestry waste offer larger potential volumes but face competing uses (such as animal feed, soil improvement, and material applications) and seasonal availability constraints. Algae-based fuels offer the highest theoretical yields but remain expensive (\$800-2,000 per tonne) and energy-intensive to produce at a commercial scale.
- **Cross-sector Competition:** Aviation, road transport, and chemical manufacturing sectors are also pursuing advanced biofuels to meet their decarbonization targets,



creating intense competition for limited feedstock supplies. The aviation sector, in particular, has fewer alternative decarbonization options than shipping and may be willing to pay premium prices for sustainable aviation fuels (SAF). This competition could drive biofuel prices to levels that make them uneconomical for shipping applications, which traditionally operate on very tight margins.

- **Indirect Land Use Change (ILUC):** Even when advanced biofuels avoid direct competition with food crops, their large-scale production can trigger indirect effects where increased demand for agricultural residues or waste oils affects global commodity markets. For example, diverting palm oil waste from animal feed to biofuel production could increase demand for other feed sources, potentially driving agricultural expansion in different areas. EU regulations now include ILUC factors in lifecycle emission calculations, which can significantly impact the carbon intensity of specific biofuel pathways.

Advanced biofuels provide a credible short- to medium-term pathway for maritime decarbonization, particularly for existing fleets that cannot easily transition to other zero-emission technologies. However, their role is inherently limited by feedstock availability and sustainability constraints, meaning they cannot serve as the sole solution for achieving zero emissions in shipping. Industry projections suggest that advanced biofuels could realistically supply 10 – 20% of maritime fuel demand by 2050, making them a necessary but not dominant component of the future fuel mix. Their highest value may be in applications where other zero-emission alternatives are technically challenging, such as deep-sea shipping routes with limited infrastructure or vessels with specialized operational requirements.

## 5.9 Fuel Cells for Zero-Emission Operation

Fuel cells are poised to transform shipboard power systems by converting hydrogen or ammonia directly into electricity through electrochemical reactions, offering high efficiency (40 – 60%), silent operation, and zero onboard emissions. The technology represents a fundamental shift from combustion-based propulsion to electric drive systems, enabling precise power control, reduced vibration, and eliminating local air pollution. As illustrated in Figures 5.3 and 5.4, fuel cells operate through different electrochemical pathways that determine their performance characteristics, operating conditions, and suitability for various maritime applications.

However, fuel cells remain costly, with system prices ranging from \$3,000-8,000 per kW depending on technology and scale, and durability under maritime conditions continues to be a significant concern. The harsh marine environment—characterized by salt spray, vibration, temperature fluctuations, and limited maintenance opportunities—presents unique challenges for fuel cell systems that were initially developed for stationary or automotive applications.

### 5.9.1 Technology Options

The choice between different fuel cell technologies involves trade-offs between efficiency, operating conditions, fuel flexibility, and system complexity:

- Proton Exchange Membrane Fuel Cells (PEMFCs):** As shown in Figure 5.3, PEMFCs operate at relatively low temperatures (60 – 80°C) with rapid startup capabilities and excellent dynamic response to load changes. The electrolyte is a solid polymer membrane that conducts protons ( $H^+$ ) from anode to cathode while blocking electrons, forcing them through an external circuit to generate electricity. PEMFCs are lightweight, compact, and suitable for ferries, offshore service vessels, and other applications requiring frequent load cycling. However, they require high-purity hydrogen (> 99.9%) and are sensitive to contaminants such as carbon monoxide (> 10 ppm can cause permanent damage) and sulfur compounds.

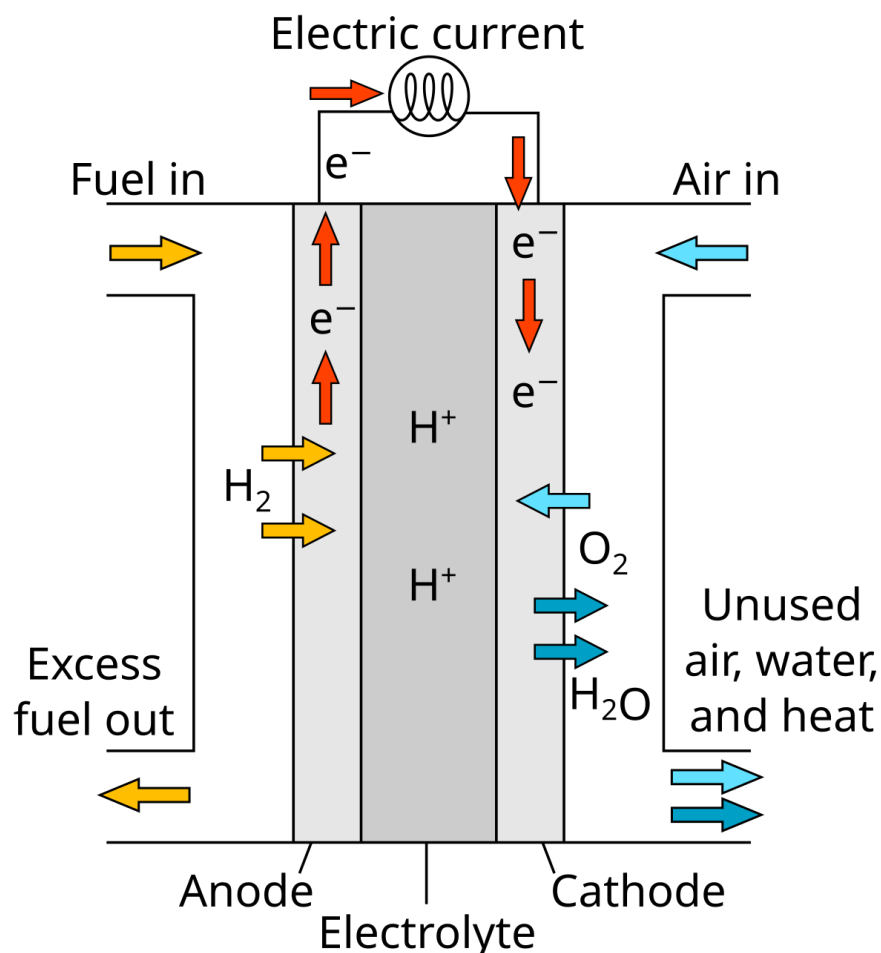


Figure 5.3: Proton Exchange Membrane Fuel Cell (PEMFCs) operation showing proton transport through polymer electrolyte at low temperature (60 – 80°C). The system exhibits rapid startup capabilities and dynamic response characteristics, making it suitable for variable maritime loads. Protons ( $H^+$ ) migrate from the anode to the cathode, while electrons flow through the external circuit. PEMFCs are particularly suited for ferry operations and offshore service vessels requiring frequent load cycling [46], [55].



- Solid Oxide Fuel Cells (SOFCs):** Figure 5.4 illustrates SOFCs operating at high temperatures (600 – 800°C) with oxygen ions ( $O^{2-}$ ) conducting through a ceramic electrolyte. SOFCs offer higher electrical efficiency (50 – 60%) and fuel flexibility, potentially allowing operation on ammonia, methanol, or even natural gas through internal reforming processes. The high operating temperature enables excellent heat recovery opportunities for onboard heating, hot water, or absorption cooling systems. SOFCs are ideal for large ships with steady baseload power requirements, auxiliary power units, or combined heat and power applications. However, their thermal mass creates long startup times (several hours) and thermal cycling stresses that can reduce system lifetime.

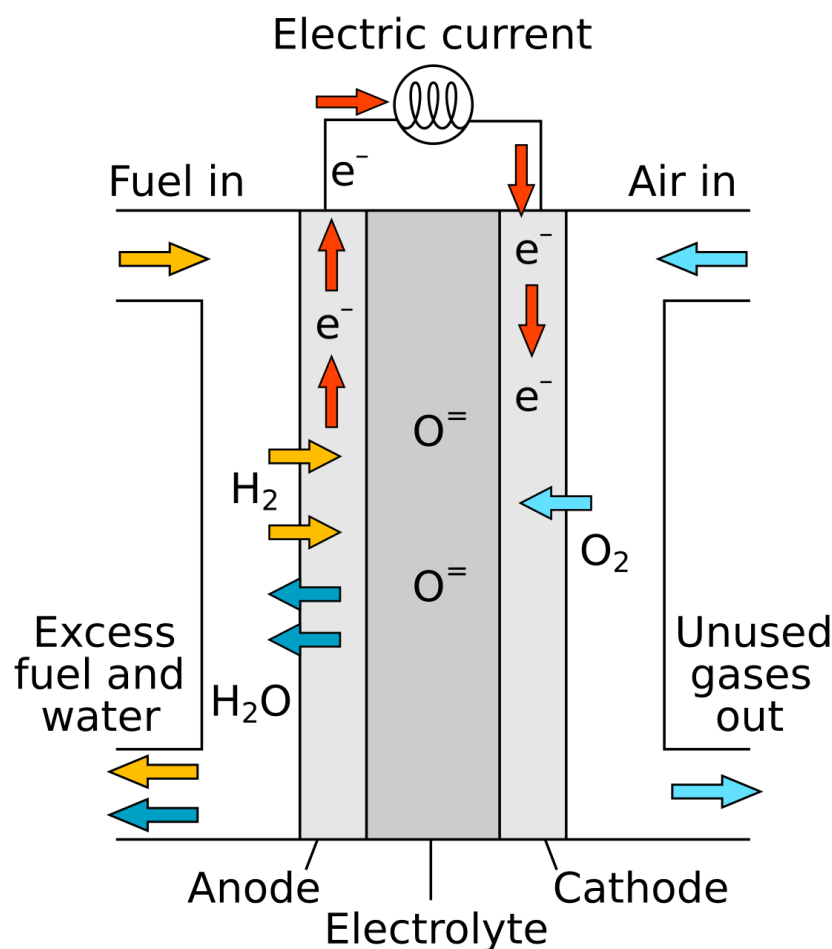


Figure 5.4: Solid Oxide Fuel Cell (SOFCs) operation showing oxygen ion transport through ceramic electrolyte at high temperature (600 – 800°C). The electrochemical conversion process illustrates how hydrogen fuel is converted to electricity, with oxygen ions ( $O^{2-}$ ) migrating from the cathode to the anode through the solid electrolyte. SOFCs systems offer superior efficiency (50 – 60%) and fuel flexibility compared to other fuel cell technologies, making them suitable for maritime applications requiring steady baseload power [55], [56].

### 5.9.2 Barriers to Scale-Up

Several interconnected barriers limit the widespread adoption of fuel cell systems in maritime applications:

- **Cost and Longevity:** High capital costs (\$3,000-8,000/kW) and limited operational lifetime (typically 8,000-15,000 hours for PEMFCs, 40,000-60,000 hours for SOFCs) create challenging economics compared to conventional marine engines that can operate for 100,000+ hours with proper maintenance. Fuel cell stack replacement represents 40 – 60% of total system cost, making frequent replacements economically prohibitive. The cost structure is dominated by expensive materials (platinum catalysts in PEMFCs, ceramic components in SOFCs) and low-volume manufacturing that lacks automotive industry scale economies.
- **System Integration Complexity:** Fuel cell systems require sophisticated balance-of-plant components, including air compressors, cooling systems, power conditioning equipment, and safety systems. They also need large battery buffers for load balancing because fuel cells cannot respond instantaneously to rapid power changes typical in marine operations (propeller load variations, thruster operations, cargo handling). The integration of fuel cells with electric propulsion systems, energy storage, and conventional backup power creates complex control systems that require specialized expertise for operation and maintenance.
- **Safety and Classification:** The lack of standardized safety codes and classification society rules for fuel cell installations hinders maritime certification and flag-state approval. Each fuel cell installation currently requires individual risk assessment and approval processes that can take 12-24 months and cost hundreds of thousands of dollars. Hydrogen safety requirements (leak detection, ventilation, emergency shutdown) add further complexity, while ammonia fuel cells face additional challenges related to toxicity and NOx emissions from electrochemical processes.
- **Fuel Quality and Availability:** Marine fuel cells require high-quality fuels that may not be available at all ports. Hydrogen must meet strict purity standards (99.97% for PEMFCs) that exceed typical industrial hydrogen specifications. Ammonia for fuel cells requires the removal of water and other impurities that could damage electrodes or reduce performance. The limited availability of suitable fuels creates operational constraints, requiring careful voyage planning to ensure fuel access.

Despite these challenges, fuel cell technology is advancing rapidly, driven by applications in automotive, stationary power, and other sectors that are achieving scale economies and technological improvements. Maritime-specific developments include more robust designs for the marine environment, integrated systems optimized for shipboard installation, and hybrid configurations that combine fuel cells with batteries and conventional generators to optimize performance and economics.

Fuel cells are expected to play a key role in zero-emission shipping by 2030–2040, particularly for routes with stable power demand and access to green hydrogen or ammonia. The technology appears most promising for passenger ferries, offshore service vessels, and auxiliary power systems, where the benefits of zero emissions, quiet operation, and precise control justify the additional costs and complexity. For deep-sea shipping, fuel cells may initially serve as auxiliary power sources, potentially expanding to become the main propulsion source as costs decline and reliability improves.

## 5.10 Lifecycle Emissions and Sustainability Trade-offs

A comprehensive assessment of zero-emission fuels must include their lifecycle greenhouse gas (GHG) emissions, from production to use, commonly referred to as "well-to-wake" analysis. This comprehensive approach is essential because focusing solely on tank-to-wake emissions can lead to carbon leakage, where emission reductions at the point of use are offset by increased emissions elsewhere in the supply chain. Table 5.4 outlines indicative ranges of lifecycle emissions for key fuels assuming renewable energy inputs, but actual performance can vary significantly based on specific production pathways, energy sources, and supply chain configurations.

The lifecycle assessment framework illustrated in Figure 5.2 demonstrates the complexity of achieving true zero-emission status across three critical stages: feedstock production and transportation, fuel production and distribution, and end-use application. Each stage presents both opportunities for emission reductions and potential sources of hidden carbon intensity that can undermine the overall sustainability of seemingly clean fuels.

Table 5.4: Indicative Lifecycle Emissions of Selected Maritime Fuels

| Fuel Type                         | Lifecycle GHG Emissions (gCO <sub>2</sub> e/MJ) |
|-----------------------------------|---|
| Green Hydrogen                    | 1–5   |
| Green Ammonia                     | 3–8   |
| E-Methanol (DAC CO <sub>2</sub> ) | 10–20   |
| Advanced Biofuels                 | 10–30 (feedstock dependent)                     |
| Battery-Electric (renewables)     | 0–5   |
| HFO (baseline)                    | 85–100  |

While green fuels drastically reduce emissions compared to fossil alternatives, achieving the lower end of these emission ranges requires careful attention to several critical factors:

- **Carbon Intensity of Electricity:** The emissions associated with renewable electricity generation depend on the technology mix, grid integration effects, and embedded emissions from manufacturing renewable energy infrastructure. Solar

photovoltaic systems typically have lifecycle emissions of 20-50 gCO<sub>2</sub>e/MWh, while wind power ranges from 10-30 gCO<sub>2</sub>e/MWh. However, grid-connected renewable electricity may have higher effective carbon intensity due to backup power requirements and transmission losses, particularly in regions with limited renewable energy storage capacity.

- **CO<sub>2</sub> Source and Processing:** For synthetic fuels like e-methanol, the source of CO<sub>2</sub> fundamentally determines the lifecycle emissions profile. DAC provides truly additional CO<sub>2</sub> removal but requires 1.5-2.0 MWh of energy per tonne CO<sub>2</sub> captured. Biogenic CO<sub>2</sub> from biomass processing can be considered carbon-neutral if the biomass is sustainably sourced; however, it may compete with other carbon utilization pathways. Industrial CO<sub>2</sub> sources may provide economic advantages, but could incentivize continued fossil fuel use if not properly accounted for in carbon pricing systems.
- **Feedstock Sustainability and Land Use:** Advanced biofuels face complex trade-offs between feedstock availability, land use impacts, and emission reductions. Waste-based feedstocks (used cooking oil, agricultural residues) typically offer the lowest lifecycle emissions (10-20 gCO<sub>2</sub>e/MJ) but are limited in quantity and geographic distribution. Purpose-grown energy crops can provide larger volumes but may have higher emissions (20-40 gCO<sub>2</sub>e/MJ) and compete with food production or carbon sequestration applications.
- **Production Efficiency and Scale:** The energy efficiency of fuel production processes significantly affects lifecycle emissions. Current electrolyzer efficiencies of 65 – 75% (HHV basis) are projected to improve to 80 – 85% by 2030, reducing the electricity requirement for hydrogen production. Similarly, improvements in ammonia synthesis (potentially through alternative catalysts or plasma-assisted processes) could reduce the energy intensity from current levels of 28-35 GJ/tonne NH<sub>3</sub> to 22-28 GJ/tonne NH<sub>3</sub>.
- **Transportation and Distribution:** The logistics of moving fuels from production sites to end-users can add significant emissions, particularly for gases that require compression, liquefaction, or specialized carriers. Ammonia can be transported in conventional chemical tankers, adding typically 2 – 5% to lifecycle emissions. Hydrogen transportation is more challenging, with pipeline transport adding 1-3% to emissions. In contrast, truck transport of compressed hydrogen can add 10 – 20% due to the energy required for compression and the limited payload capacity.

The sustainability trade-offs extend beyond GHG emissions to include other environmental impacts such as water consumption, land use, biodiversity effects, and local air quality. Green hydrogen production through electrolysis requires approximately

9-10 liters of freshwater per kilogram of hydrogen, creating potential water stress in arid regions where solar energy resources are abundant. Biofuel production can have complex interactions with agricultural systems, affecting soil health, water quality, and ecosystem services in ways that are difficult to quantify but environmentally significant.

Regional variations in renewable energy resources, regulatory frameworks, and industrial infrastructure create different optimal pathways for zero-emission fuel production. Northern European countries with abundant offshore wind resources may favor direct hydrogen production and utilization, while regions with strong agricultural sectors and biomass availability may emphasize advanced biofuels. Countries with significant renewable electricity potential but limited local shipping demand may focus on exporting synthetic fuels, requiring different infrastructure and policy support mechanisms.

The IMO's lifecycle GHG reduction targets (shown in Figure 5.5) require average emission reductions of 70% by 2040 and net-zero by 2050, which necessitates zero-emission fuels with lifecycle emissions below 25-30 gCO<sub>2</sub>e/MJ by 2040. This stringent requirement means that only the cleanest production pathways for each fuel type will be acceptable for meeting international targets, emphasizing the importance of comprehensive lifecycle assessment and sustainability certification schemes in guiding fuel development and procurement decisions.

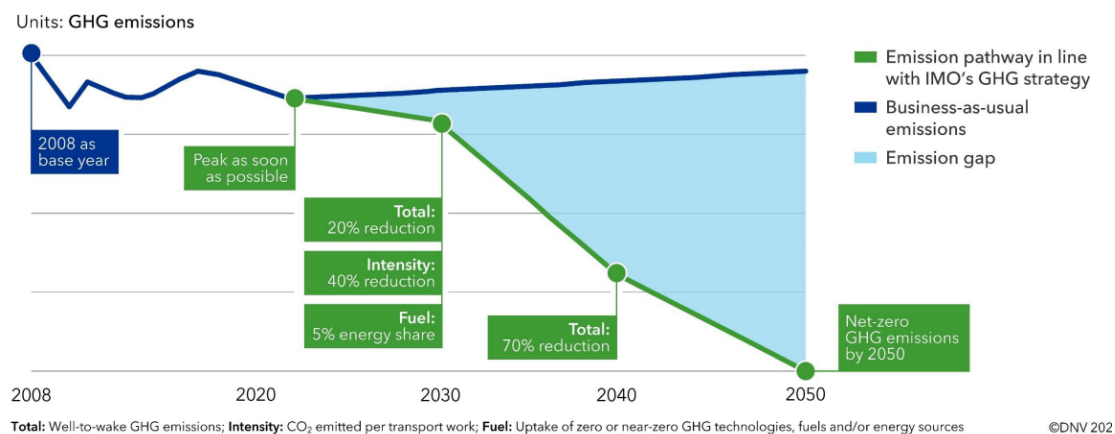


Figure 5.5: International Maritime Organization greenhouse gas emission reduction strategy timeline showing the pathway from 2008 baseline to net-zero emissions by 2050. The trajectory illustrates critical milestones, including peak emissions as soon as possible, 20% total reduction by 2030, 70% total reduction by 2040, and net-zero GHG emissions by or around 2050. The emission gap (light blue area) between business-as-usual projections and required reductions demonstrates the urgent need for accelerated deployment of zero-emission fuels and technologies. Specific targets include 40% emission intensity reduction and 5% uptake of zero or near-zero emission fuels by 2030 [3], [35].

## 6 Additional Innovative Energy Optimization Techniques

While alternative fuels represent the ultimate pathway to maritime decarbonization, they currently face significant technical, economic, and infrastructure barriers that limit immediate widespread deployment. A complementary and immediately actionable approach is to reduce energy demand through technological and operational innovations that enhance vessel efficiency, reduce fuel consumption, and facilitate compliance with increasingly stringent emission regulations, such as the EEDI and CII, within the IMO framework [49], [58].

These energy optimization techniques serve multiple strategic purposes: they provide immediate emission reductions using current fuel systems, reduce operational costs that can offset investments in cleaner technologies, and create a bridge during the transition period while zero-emission fuel infrastructure is being developed. The economic benefits are particularly compelling—energy efficiency improvements typically offer payback periods of 2-5 years compared to 10-15 years for alternative fuel systems, making them attractive to shipowners facing uncertain fuel transition timelines.

These innovations can be applied independently or in combination with low- or zero-emission fuels to maximize energy efficiency and cost-effectiveness across various ship types and voyage profiles. The synergistic effects of combining multiple optimization techniques can achieve aggregate fuel savings of 20 – 35%, substantially reducing the fuel volumes required for any propulsion system and thereby lowering both costs and environmental impacts regardless of fuel type.

### 6.1 Air Lubrication Systems

Air lubrication systems represent one of the most promising near-term technologies for reducing hydrodynamic resistance, offering proven fuel savings by creating a controlled air layer between the ship's hull and seawater. This technology leverages the fundamental principle that air has approximately 1/800th the density of water, thereby significantly reducing frictional drag when distributed evenly along the hull surface.

The physics underlying air lubrication involves the injection of micro-bubbles (typically 1-5 mm in diameter) through carefully positioned air release units along the flat bottom sections of the vessel. These bubbles form a partial air carpet that reduces the wetted surface area in contact with water, effectively decreasing the boundary layer friction that accounts for 80 – 90% of total ship resistance at typical operating speeds.

The technology has demonstrated consistent fuel consumption reductions of 5 – 12% in commercial operations, with optimal performance achieved on vessels with large flat bottom areas such as container ships, bulk carriers, and tankers [59].

### 6.1.1 Working Principle and System Design

The air lubrication system consists of several integrated components that must be precisely coordinated for optimal performance. A network of energy-efficient air compressors, typically consuming 1 – 2% of main engine power, generates the required air flow rates of 0.5-2.0 m<sup>3</sup>/min per meter of vessel beam. The compressed air is distributed through a carefully designed piping network to multiple air release units positioned along the hull's flat bottom sections, where Computational Fluid Dynamics (CFD) analysis has identified optimal points for bubble injection.

The system's effectiveness depends critically on bubble size distribution, injection velocity, and spacing of release points. Modern systems utilize advanced bubble generation technology, including venturi-type injectors or specialized nozzles, to create uniform micro-bubble streams. Real-time monitoring systems track air flow rates, bubble distribution patterns, and resulting drag reduction to optimize system performance across varying sea conditions and vessel speeds.

### 6.1.2 Operational Advantages and Performance Metrics

Air lubrication systems offer several compelling advantages that make them attractive for immediate implementation across existing fleets:

- **Retrofit Compatibility:** Systems can be installed on existing vessels during scheduled dry-dock periods without major structural modifications, requiring only hull penetrations for air release units and installation of compressor packages. The retrofit process typically requires 2-4 weeks, making it feasible for commercial vessels with tight operational schedules.
- **Proven Commercial Performance:** Extensive sea trials and commercial operations have demonstrated consistent fuel savings, with Silverstream Technologies reporting average reductions of 5 – 10% across their installed fleet of over 50 vessels. Performance is most pronounced in calm to moderate sea conditions (wave heights <3m) where bubble persistence is maximized.
- **Synergistic Effects:** Air lubrication combines effectively with energy-saving hull coatings, creating cumulative drag reduction benefits. When integrated with low-friction silicone-based coatings, total resistance reductions of 12 – 18% have been achieved, demonstrating the value of integrated efficiency approaches.
- **Minimal Operational Impact:** The system operates automatically once activated, requiring minimal crew intervention and no changes to vessel routing or schedul-



ing. Energy consumption for air generation is typically offset by a factor of 3-5 times through fuel savings, providing an attractive return on investment.

### 6.1.3 Technical Limitations and Operational Constraints

Despite proven benefits, air lubrication systems face several limitations that affect their applicability and performance:

- **Sea State Sensitivity:** Performance degrades significantly in rough weather conditions (wave heights >4m) where wave action disrupts bubble formation and distribution. In severe weather, systems may need to be temporarily shut down to avoid energy penalties, which can limit their effectiveness on routes with consistently adverse conditions.
- **Speed-Dependent Effectiveness:** Optimal performance occurs within specific speed ranges (typically 12-18 knots for most vessel types), with reduced benefits at very low speeds (<8 knots) where viscous forces dominate, or at high speeds (>20 knots) where bubble coalescence increases.
- **System Complexity and Maintenance:** Air release units require regular cleaning to prevent marine growth fouling, and compressor systems need routine maintenance to ensure reliable operation. Saltwater corrosion of air distribution systems necessitates the use of corrosion-resistant materials, increasing initial capital costs.
- **Hull Form Dependencies:** Maximum benefits are achieved on vessels with large flat bottom areas; effectiveness is limited on vessels with pronounced hull curvature, deep V-sections, or complex appendages that disrupt air flow patterns.

Leading implementations include Silverstream Technologies' systems, installed on vessels operated by Mediterranean Shipping Company (MSC) and A.P. Moller-Maersk, with installations spanning container ships with capacities ranging from 14,000 to 23,000 TEU. These commercial deployments have provided valuable operational data confirming theoretical performance predictions and identifying optimization opportunities for different vessel types and operating profiles.

## 6.2 Wind-Assisted Propulsion Technologies

Wind-assisted propulsion is experiencing a technological renaissance as modern engineering solutions address the operational limitations that led to the decline of commercial sailing vessels in the early 20th century. Contemporary wind propulsion systems leverage advanced materials, automated control systems, and sophisticated weather routing to harness wind energy as a supplementary power source, reducing main engine load and fuel consumption across a wide range of vessel types and trade routes.



The fundamental physics of wind propulsion remains unchanged—converting kinetic energy from moving air masses into forward thrust through aerodynamic lift or drag forces. However, modern implementations employ computer-controlled systems that can optimize sail configuration, orientation, and operation in real-time based on wind conditions, vessel course, and operational requirements. These automated systems eliminate the large crew requirements and operational complexity that made traditional sailing ships economically unviable in the modern era.

Current wind-assisted technologies can be broadly categorized into three main approaches: rotating cylinder systems (Flettner rotors), rigid wing systems, and tethered wing systems (kites). Each technology offers distinct advantages and limitations depending on vessel type, route characteristics, and operational requirements, with fuel savings ranging from 8 – 20% depending on wind availability and system sizing [60].

### 6.2.1 Technology Categories and Operating Principles

Modern wind-assisted propulsion encompasses several distinct technologies, each exploiting different aerodynamic principles to generate forward thrust:

- **Flettner Rotors:** These vertical cylindrical structures (typically 18-35m height, 2-5m diameter) rotate at 50-200 RPM to create asymmetric airflow patterns that generate substantial lift forces perpendicular to the wind direction through the Magnus effect. Modern rotors are constructed from lightweight composite materials and can be equipped with automated control systems that optimize rotation speed and angle based on apparent wind conditions. Power consumption for rotation is typically 50-100 kW per rotor, representing less than 1% of the thrust power generated under favorable wind conditions.
- **Wing Sails:** Rigid or semi-rigid airfoil structures that can be automatically adjusted to optimize angle of attack and camber for varying wind conditions. These systems range in height from 20 to 70 meters and incorporate sophisticated control systems with wind sensors, hydraulic actuation, and computerized optimization algorithms. Wing sails offer higher aerodynamic efficiency than cylindrical rotors but require more complex installation and may have a greater impact on cargo handling operations.
- **Tethered Wing Systems (Kites):** Automated kite systems that deploy at altitudes of 100-300m where wind speeds are typically 1.5-2 times higher than surface winds. These systems use advanced flight control algorithms to fly the kite in figure-8 patterns that maximize energy extraction. The SeaWing system by Airseas, for example, can generate thrust equivalent to 1000-2000 kW of propulsion power while consuming only 20-30 kW for control systems.

### 6.2.2 Commercial Implementation and Performance Data

Several wind-assisted propulsion systems have progressed from concept to commercial operation, providing valuable performance data and operational experience:

- **Norsepower Rotor Sails:** The 9,700 DWT bulk carrier MV Afros, equipped with two 18m Norsepower rotors, has demonstrated average fuel savings of 6.1% across varied routes, with peak savings exceeding 20% under optimal wind conditions. The Scandlines ferry M/V Copenhagen, operating in the Baltic Sea, achieved 4.3% average fuel reduction with a single 30m rotor installation.
- **BAR Technologies WindWings:** Cargill's newbuild Pyxis Ocean bulk carrier, equipped with two 37.5m WindWings, completed sea trials in 2023, demonstrating fuel savings of up to 30% under favorable conditions and average savings of 11% across diverse weather conditions during a 6-month operational period.
- **Michelin WISAMO:** The inflatable wing sail system installed on the Neoline cargo vessel Neoliner demonstrated 15 – 35% fuel savings on Atlantic crossings, with the ability to completely deflate the sails for passage under bridges or during severe weather.

### 6.2.3 Economic and Operational Considerations

The economic viability of wind-assisted propulsion depends on several factors, including installation costs, operational profiles, and fuel price assumptions:

- **Capital Investment:** Installation costs range from \$1-3 million per unit for Flettner rotors to \$3-8 million for wing sail systems, depending on size and complexity. Payback periods typically range from 5-10 years based on current fuel prices and average wind conditions.
- **Route Optimization:** Maximum benefits require integration with advanced weather routing systems that can identify and exploit favorable wind patterns. Routes with consistent trade winds (e.g., Atlantic crossings, Pacific trade routes) offer the most significant potential for fuel savings.
- **Operational Integration:** Modern systems are designed to operate autonomously with minimal crew intervention, but require integration with the vessel's existing power and control systems. Safety systems must account for sudden wind changes, system failures, and emergency shutdown procedures.

## 6.3 Hybrid and Electric Propulsion Systems

Hybrid propulsion systems represent a fundamental shift in marine power generation and distribution, combining traditional combustion engines with advanced Energy

Storage Systems (ESS) to optimize fuel consumption, reduce emissions, and enhance operational flexibility. These systems enable dynamic load management, peak shaving during high-demand periods, and zero-emission operation in sensitive environmental areas or during port transit.

The growing adoption of hybrid systems is driven by increasingly stringent emission regulations, particularly in ECAs, where NO<sub>x</sub> and SO<sub>x</sub> limits necessitate the use of expensive aftertreatment systems or cleaner fuels. Hybrid systems can operate main engines at optimal efficiency points while using battery power for load variations, maneuvering, and hotel loads, significantly reducing fuel consumption and emissions during these typically inefficient operating modes.

Battery technology improvements, particularly in lithium-ion systems, have made maritime hybridization economically viable. Energy density has increased from 100-150 Wh/kg in early marine applications to 200-300 Wh/kg in current systems, while costs have decreased from \$800-1200/kWh to \$300-500/kWh, making the economic case increasingly compelling for appropriate applications [61].

### 6.3.1 System Architectures and Configurations

Hybrid propulsion systems can be configured in several ways depending on vessel type, operational profile, and performance requirements:

- **Diesel-Electric Hybrid:** This configuration uses diesel generators to charge battery banks during efficient operation periods, with batteries providing power during peak demand, maneuvering, or low-load conditions. The system enables generators to operate at optimal efficiency points (typically 75 – 85% load) rather than following load variations, improving overall fuel efficiency by 10 – 15%. Examples include Wärtsilä's HY hybrid systems, which are installed on platform supply vessels and offshore wind service vessels.
- **Parallel Hybrid:** Both diesel engines and electric motors can provide propulsion power simultaneously or independently. This configuration offers maximum flexibility but requires more complex control systems and power management. The Color Hybrid ferry, operating between Norway and Denmark, uses this configuration to achieve 20% fuel savings compared to conventional diesel-only operation.
- **Full Electric with Generator Backup:** Pure battery propulsion with diesel generators providing range extension or emergency power. This configuration is optimal for vessels with predictable, short-range operations such as harbor tugs, pilot boats, or short-route ferries. The Yara Birkeland autonomous container ship represents the ultimate evolution of this concept, operating purely on battery power for 120km voyages.

### 6.3.2 Operational Benefits and Performance Optimization

Hybrid propulsion systems offer multiple operational advantages beyond simple fuel savings:

- **Load Optimization:** Batteries can provide instantaneous power for high-demand operations (bow thrusters, cargo handling, acceleration) while allowing main engines to operate at steady, efficient loads. This eliminates the fuel penalties associated with engine load variations and transient operations.
- **Silent Operation:** Battery power enables near-silent operation during port approach, environmental zones, or night operations, reducing noise pollution and improving community relations. This capability is particularly valuable for passenger vessels, research ships, and vessels operating in close proximity to sensitive marine habitats.
- **Enhanced Redundancy:** Multiple power sources improve system reliability and safety. Battery systems can provide emergency propulsion or critical system power during main engine failures, potentially eliminating the need for dedicated emergency generators.
- **Peak Shaving:** Battery systems can supply power during high-demand periods, reducing generator sizing requirements and associated capital costs. This is particularly beneficial for vessels with intermittent high-power loads such as cruise ships, research vessels, or offshore support vessels.

### 6.3.3 Technical Challenges and Risk Management

Despite proven benefits, hybrid systems face several technical and safety challenges that must be carefully managed:

- **Battery Safety and Thermal Management:** Lithium-ion batteries present fire and explosion risks, particularly in marine environments with vibration, salt water exposure, and temperature variations. Advanced Battery Management Systems (BMS) monitor cell voltages, temperatures, and charge states to prevent thermal runaway conditions. Installation requires specialized fire suppression systems and compartmentalization to contain potential incidents.
- **Energy Storage Degradation:** Battery capacity degrades over time due to charge/discharge cycles, temperature exposure, and calendar aging. Typical marine lithium-ion systems retain 80% capacity after 3,000-5,000 cycles, requiring replacement every 8-12 years depending on usage patterns. Replacement costs of \$200,000-2,000,000, depending on system size, must be factored into lifecycle economics.
- **System Integration Complexity:** Hybrid systems require sophisticated Power Management Systems (PMS) that coordinate multiple power sources, manage

energy flows, and optimize system operation in real-time. Integration with existing vessel systems (navigation, safety, cargo handling) requires extensive testing and validation to ensure reliable operation.

- **Regulatory Compliance:** Classification societies have developed specific rules for hybrid systems (e.g., DNV-GL Battery Power, ABS Guide for Marine Battery Systems). Still, standards continue to evolve as technology advances. Ensuring compliance across different flag states and operational areas can be complex and costly.

## 6.4 Waste Heat Recovery Systems (WHRS)

Marine diesel engines, despite continuous efficiency improvements, still convert only 45 – 52% of fuel energy into practical mechanical work, with the remainder lost as waste heat through exhaust gases (25 – 30%), cooling systems (15 – 20%), and radiation (5 – 8%). Waste Heat Recovery Systems (WHRS) capture and convert this otherwise lost thermal energy into useful power, representing one of the most effective approaches to improving overall propulsion system efficiency.

The thermodynamic potential for waste heat recovery in marine applications is substantial. A typical large container ship's main engine (60-80 MW) produces approximately 15-25 MW of recoverable waste heat at various temperature levels. Modern WHRS can convert 15 – 25% of this waste heat into sound energy, translating to 3 – 8% improvement in overall fuel efficiency depending on system design and operating conditions.

WHRS technology has evolved significantly since early steam-based systems, with modern installations incorporating multiple heat sources, optimized thermodynamic cycles, and sophisticated control systems that maximize energy recovery across varying operating conditions. The technology is desirable because it requires no changes to main engine operation and can be retrofitted to existing vessels during scheduled maintenance periods [49], [58].

### 6.4.1 Thermodynamic Cycles and Technology Options

Several thermodynamic cycles and technologies are employed in marine WHRS, each optimized for different temperature ranges and applications:

- **Steam Rankine Cycle:** Traditional steam-based systems use exhaust gas heat (300 – 500°C) to generate steam for driving turbines connected to generators or propulsion systems. Modern systems incorporate multiple pressure levels and superheating to maximize efficiency, achieving thermal-to-electric conversion efficiencies of 25 – 35%. The steam can also be used for ship services (heating, domestic hot water), improving overall energy utilization.

- **Organic Rankine Cycle (ORC):** Uses organic working fluids (e.g., R245fa, toluene) with lower boiling points than water, enabling effective heat recovery from lower-temperature sources (150 – 300°C) such as jacket cooling water or intermediate-temperature exhaust streams. Organic Rankine Cycle (ORC) systems are particularly suitable for medium-sized vessels where steam systems would be uneconomical, achieving 8 – 15% thermal-to-electric efficiency.
- **Thermoelectric Generators (TEGs):** Solid-state devices that directly convert temperature differences into electricity using the Seebeck effect. While current efficiencies are lower (3 – 8%), Thermoelectric Generators (TEGs) offer advantages including no moving parts, minimal maintenance requirements, and the ability to recover heat from multiple small sources. Advanced materials research is improving TEGs efficiency, with potential for 12 – 15% efficiency in future systems.
- **Combined Cycle Systems:** Integrate multiple technologies to maximize heat recovery across different temperature ranges. For example, high-temperature steam cycles can be combined with lower-temperature ORC systems to achieve overall thermal-to-electric efficiencies exceeding 40% in large installations.

#### 6.4.2 System Integration and Performance Optimization

Effective WHRS implementation requires careful integration with existing engine systems and optimization for varying operating conditions:

- **Heat Source Optimization:** Modern systems recover heat from multiple sources, including central engine exhaust (primary source), auxiliary engine exhaust, jacket cooling water, lubricating oil cooling, and charge air cooling. Effective heat integration can increase total energy recovery by 20 – 30% compared to exhaust-only systems.
- **Load-Following Operation:** WHRS must operate effectively across varying engine loads and sea conditions. Advanced control systems adjust working fluid flow rates, heat exchanger operation, and power generation to optimize performance across the operational envelope. Part-load efficiency is critical since vessels rarely operate at maximum continuous rating.
- **Backpressure Management:** Heat exchangers in the exhaust stream create backpressure that can reduce main engine efficiency. Optimal system design balances the benefits of heat recovery against backpressure penalties, typically limiting exhaust backpressure increases to 3-5 kPa to avoid efficiency losses.

#### 6.4.3 Economic and Technical Performance

Commercial WHRS installations have demonstrated consistent performance improvements and attractive economic returns:



- **Fuel Efficiency Gains:** Properly designed systems achieve 3 – 8% improvement in overall fuel efficiency, with larger vessels and longer operating hours providing the most significant benefits. Container ships and bulk carriers with steady-state operation profiles show the most consistent performance.
- **Economic Viability:** Installation costs range from \$2-8 million, depending on system size and complexity, with payback periods of 3-7 years based on fuel savings. The economic case is strongest for vessels with high annual operating hours (>6,000 hours) and routes with stable fuel prices.
- **Regulatory Compliance:** WHRS contributes significantly to EEDI compliance, providing 2-4 point reductions in the EEDI calculation. This regulatory benefit often justifies installation even when purely economic returns are marginal.

Leading implementations include MAN Energy Solutions' steam-based systems on large container ships (achieving 6 – 8% efficiency improvements), Wärtsilä's ORC systems on medium-sized vessels, and Climeon's low-temperature ORC systems that can recover heat from jacket cooling water circuits. These commercial installations continue to provide operational data that drives system optimization and cost reduction.

## 6.5 Digital Optimization and Voyage Planning

The digitalization of maritime operations represents a paradigm shift in how vessels are operated, maintained, and optimized throughout their operational lifecycle. Advanced digital systems leverage real-time data collection, machine learning algorithms, and comprehensive modeling to maximize vessel performance across multiple dimensions simultaneously—speed, route, trim, engine loading, and system operation—delivering fuel savings that often exceed those achievable through individual hardware modifications.

Digital optimization systems collect and analyze vast amounts of operational data from sensors throughout the vessel, including GPS positioning, weather conditions, fuel consumption, engine parameters, hull performance, and cargo loading. This data is processed using sophisticated algorithms that can identify optimization opportunities invisible to human operators and implement coordinated adjustments across multiple systems to maximize overall efficiency.

The competitive advantage of digital optimization lies in its ability to adapt to changing conditions and continually learn from operational experience. Unlike fixed hardware solutions, digital systems improve performance over time as they accumulate operational data and refine their algorithms. This characteristic makes them particularly valuable for operators managing diverse fleets across varied trade routes and operating conditions [58].

### 6.5.1 Core Technologies and Analytical Capabilities

Modern digital optimization systems integrate several advanced technologies to deliver comprehensive performance improvements:

- **Digital Twin Technology:** Creates virtual replicas of vessel systems that simulate performance under different operating conditions. These models incorporate detailed vessel characteristics, propulsion systems, and environmental factors to predict optimal operating parameters. Wärtsilä's Dynamic Positioning Twin, for example, can predict optimal thruster configurations for offshore operations, reducing fuel consumption by 10 – 20%.
- **Weather Routing Optimization:** Advanced meteorological modeling combined with vessel performance characteristics enables route optimization that considers wave height, wind direction, current patterns, and weather development. Systems like StormGeo's BVS and Applied Weather Technology's Bon Voyage System can identify routes that reduce fuel consumption by 5 – 15% while maintaining schedule reliability.
- **Machine Learning and Artificial Intelligence:** AI algorithms analyze historical operational data to identify patterns and optimization opportunities not apparent through traditional analysis. These systems can predict optimal engine loading, identify degrading equipment performance, and recommend operational adjustments that maximize efficiency while maintaining safety margins.
- **Real-time Performance Monitoring:** Continuous monitoring of hull and propeller performance enables early detection of fouling, damage, or degradation that increases fuel consumption. Systems can quantify performance losses and recommend optimal cleaning or maintenance intervals to maintain peak efficiency.

### 6.5.2 Operational Optimization Techniques

Digital systems optimize vessel operations across multiple dimensions, often achieving greater benefits through coordinated optimization than individual techniques:

- **Dynamic Speed Optimization:** Continuously adjusts vessel speed based on weather conditions, sea state, cargo schedules, and fuel efficiency curves. Unlike simple slow steaming, dynamic optimization can accelerate in favorable conditions and reduce speed when efficiency is poor, maintaining schedule compliance while minimizing fuel consumption. Maersk's OptiSpeed system reports average fuel savings of 2 – 4% through dynamic speed management.
- **Trim and Stability Optimization:** Real-time calculation of optimal vessel trim (bow/stern angle) and ballast distribution to minimize hydrodynamic resistance.



Optimal trim varies with loading condition, sea state, and speed, requiring continuous adjustment for maximum benefit. Automatic trim optimization systems can reduce fuel consumption by 1 – 3% through precise trim management.

- **Engine Load Distribution:** For vessels with multiple engines, optimal load distribution among engines maximizes overall system efficiency. This includes coordinating the main engines, auxiliary engines, and power generation to operate each at its optimal efficiency point while meeting total power requirements.
- **Integrated Fleet Management:** Fleet-wide optimization considers multiple vessels simultaneously, optimizing routes, schedules, and cargo allocation to minimize total fuel consumption across the entire fleet. This system-level approach can identify optimization opportunities that are invisible when considering individual vessels in isolation.

### 6.5.3 Commercial Implementation and Performance Results

Several digital optimization platforms have achieved widespread commercial adoption with documented performance improvements [62], [63]:

- **Kongsberg Vessel Insight:** This comprehensive platform combines voyage optimization, performance monitoring, and predictive maintenance for integrated fleet management. Commercial deployments report 5 – 12% fuel savings through coordinated optimization of speed, route, and vessel systems. The platform's machine learning algorithms continuously improve performance as they accumulate operational data.
- **Wärtsilä Fleet Operations Solution:** Integrates real-time vessel monitoring with shore-based analytics to optimize fleet performance. The system's predictive analytics can identify potential equipment failures 2-4 weeks in advance, enabling proactive maintenance that prevents efficiency degradation. Users report 3 – 8% fuel savings and 15 – 25% reduction in unplanned maintenance.
- **Shell's StarIQ Marine:** Uses machine learning to analyze vessel performance data and identify optimization opportunities. The system provides real-time recommendations for speed, route, and operational adjustments, with commercial users reporting fuel savings of 4 – 10% depending on vessel type and operating profile.
- **DNV's ECO Insight:** Focuses specifically on environmental compliance and efficiency optimization, helping operators meet CII and EEDI requirements while minimizing operational costs. The platform's integrated approach to efficiency optimization and regulatory compliance has been adopted by over 1,000 vessels globally.

## 6.6 Hull and Propeller Optimization

The hull and propulsion system represent the fundamental interface between the vessel and its operating environment, making their optimization critical for overall energy efficiency. Even minor improvements in hull resistance or propeller efficiency can yield substantial fuel savings due to the cubic relationship between speed and power requirements—a 1% reduction in total resistance typically translates to 1 – 1.5% fuel savings across the vessel’s operational speed range.

Hull and propeller optimization encompasses both design-phase improvements for new vessels and retrofit solutions for existing fleets. The optimization potential varies significantly depending on vessel age, original design parameters, and operational profile, but properly implemented improvements can achieve 5 – 15% fuel savings through coordinated optimization of hull form, surface treatments, and propulsion system efficiency.

Recent advances in CFD, experimental techniques, and materials science have enabled increasingly sophisticated optimization approaches that consider the complex interactions between hull form, propeller design, and operational conditions. These tools would allow designers to optimize performance across realistic operating conditions, rather than focusing on single design points, resulting in more robust improvements in real-world operations [58].

### 6.6.1 Energy-Saving Devices (ESDs) and Propulsion Optimization

Energy-saving devices modify the flow field around the propeller to improve efficiency and reduce fuel consumption [58]:

- **Pre-swirl Stators:** Fixed fins positioned upstream of the propeller create rotational flow that partially cancels the propeller’s rotational energy losses. Properly designed stators can improve propulsion efficiency by 3 – 6%, with optimal performance achieved through careful matching of stator angle and propeller operating conditions. Becker Marine Systems’ Mewis Duct represents a successful commercial implementation, achieving consistent 4 – 6% fuel savings across diverse vessel types.
- **Post-swirl Recovery Devices:** Fins or rudders positioned downstream of the propeller recover rotational energy from the propeller slipstream. Costa Bulb systems integrated with rudders can achieve 2 – 4% efficiency improvements while also enhancing vessel maneuverability. The dual benefit makes these devices particularly attractive for vessels operating in congested waters with frequent maneuvering requirements.
- **Propeller Boss Cap Fins (PBCF):** Small fins attached to the propeller hub reduce hub vortex formation and recover rotational energy losses. Propeller Boss Cap Fins

(PBCF) systems are relatively simple to install and can achieve 1 – 3% efficiency improvements with minimal impact on vessel systems. Their simplicity and proven performance have made them popular retrofit options for existing vessels.

- **Asymmetric Stern Configurations:** Modify the stern geometry to optimize propeller inflow conditions, particularly for single-screw vessels where hull form creates non-uniform velocity fields. While primarily applicable to new construction, advanced stern designs can improve propulsion efficiency by 5 – 8% compared to conventional symmetric configurations.
- **Optimized Blade Geometry:** Advanced blade sections, chord and twist distributions, and tip geometries designed using CFD analysis and experimental validation. Modern propellers can achieve 2 – 5% higher efficiency than conventional designs through optimization of blade loading distribution and minimization of cavitation losses. Wartsila's EcoProp and MAN's PBCF-equipped propellers represent successful commercial implementations.
- **Cavitation Control:** Careful design to minimize cavitation formation reduces energy losses and prevents erosion damage. Advanced cavitation modeling enables designers to optimize blade geometry for cavitation-free operation across the full operating envelope, improving both efficiency and durability.
- **Controllable Pitch Propellers (CPP):** Enable optimization of propeller pitch for varying operating conditions, maintaining optimal efficiency across different speeds and loading conditions. While mechanically complex and expensive, Controllable Pitch Propellers (CPP) systems can provide 3 – 8% fuel savings for vessels with highly variable operating profiles.
- **Composite and Advanced Materials:** Carbon fiber and advanced composite propellers offer reduced weight, improved strength, and design flexibility that enables more complex blade geometries. While primarily used in high-performance applications, composite propellers can achieve 2 – 4% efficiency improvements through optimized hydrodynamic design and reduced structural constraints.

### 6.6.2 Advanced Hull Surface Technologies

Hull surface optimization focuses on reducing frictional resistance through advanced coatings and surface treatments [58]:

- **Low-Friction Coatings:** Modern antifouling systems incorporate advanced polymers and surface textures designed to minimize frictional drag while preventing marine growth. Silicone-based coatings can reduce frictional resistance by 3 – 7% compared to traditional copper-based antifouling systems, with the additional benefit of reduced environmental impact. Hempel's Hempaguard system, for example,

provides both fouling protection and drag reduction through its controlled-release polymer matrix.

- **Air-Cushioned Surfaces:** Specialized surface treatments that trap thin air layers within micro-scale surface features, reducing the effective wetted surface area. While still largely experimental, laboratory tests suggest potential for 5 – 10% drag reduction. Commercial development is focused on durability and performance retention under realistic operating conditions.
- **Hydrophobic and Superhydrophobic Coatings:** Surface treatments that minimize water adhesion and reduce boundary layer friction. Current commercial systems provide 2 – 4% drag reduction, with research into nanostructured surfaces suggesting potential for greater improvements. The challenge lies in maintaining surface performance under the harsh conditions of marine operations.
- **Hull Cleaning and Maintenance Optimization:** Regular hull cleaning is essential for maintaining surface performance, but traditional dry-dock cleaning is expensive and time-consuming. Underwater hull cleaning systems and in-water surface treatments can maintain near-dry-dock surface conditions between maintenance periods, providing 3 – 8% fuel savings compared to deteriorated surfaces.

### 6.6.3 Integrated Optimization and Performance Monitoring

The most effective hull and propeller optimization approaches consider the entire system rather than individual components:

- **Hull-Propeller Interaction Optimization:** Advanced CFD analysis can optimize hull stern geometry and propeller design simultaneously to maximize overall efficiency. This integrated approach typically achieves 2 – 4% greater improvements than optimizing components independently, though it is primarily applicable to new vessel construction.
- **Performance Monitoring and Degradation Assessment:** Continuous monitoring of hull and propeller performance enables early detection of fouling, damage, or wear that increases fuel consumption. ISO 19030 standard for hull and propeller performance monitoring provides a framework for quantifying performance changes and optimizing maintenance intervals.
- **Operational Optimization:** Even with optimized hardware, operational factors such as loading condition, trim, and speed significantly affect efficiency. Integrated systems that optimize both hardware configuration and operational parameters can achieve total improvements of 10 – 20% compared to baseline performance.

## 6.7 Regulatory Framework and Economic Incentives

The adoption of energy optimization technologies is increasingly driven by regulatory requirements and economic incentives that make efficiency improvements not just environmentally beneficial but commercially essential. The International Maritime Organization's (IMO) EEDI for new ships and CII for existing ships create mandatory efficiency targets that require technological solutions for compliance.

The EEDI regulation, which entered into force in 2013 and is progressively tightened through 2025, requires new ships to meet increasingly stringent efficiency standards. The current Phase 3 requirements (2022-2025) mandate 30% improvement compared to the baseline for most ship types, achievable only through advanced efficiency technologies. Energy optimization techniques directly contribute to EEDI compliance, with some technologies providing reductions of 2-4 points in the EEDI calculation.

The CII regulation, implemented in 2023, establishes annual efficiency targets for existing ships based on their transport work and fuel consumption. Ships that fail to meet CII requirements face operational restrictions and reduced commercial attractiveness. This regulation creates immediate demand for retrofit efficiency solutions that can improve the CII rating of existing vessels [49], [64], [65].

### 6.7.1 Economic Drivers and Market Mechanisms

Several economic factors are accelerating the adoption of energy optimization technologies [49], [65]:

- **Fuel Cost Volatility:** Marine fuel prices have experienced significant volatility, ranging from \$200-800/tonne for conventional marine gas oil over the past decade. This volatility makes fuel efficiency improvements valuable risk management tools, providing cost stability and operational flexibility.
- **Carbon Pricing Mechanisms:** The European Union's extension of the ETS to shipping, beginning in 2024, creates direct carbon costs of \$80-120/tonne CO<sub>2</sub>. Similar mechanisms are under development in other regions, making efficiency improvements economically attractive even without fuel savings.
- **Green Finance and ESG Requirements:** Environmental, Social, and Governance (ESG) criteria increasingly influence access to capital and insurance. Vessels with demonstrated efficiency performance command higher charter rates, better financing terms, and reduced insurance premiums, creating additional economic incentives for optimization technologies.
- **Operational Flexibility Value:** Energy-efficient vessels can maintain profitable operations at lower charter rates during market downturns, providing competitive advantages that extend beyond simple fuel savings. This operational flexibility has quantifiable value in volatile shipping markets.

## 6.8 Technology Integration and Synergistic Effects

The most significant efficiency improvements are achieved through the coordinated implementation of multiple technologies that create synergistic effects exceeding the sum of individual contributions. Successful integration requires careful consideration of technology interactions, operational optimization, and system-level performance rather than simply combining individual solutions.

Research and commercial experience demonstrate that properly integrated systems can achieve 25 – 35% fuel savings compared to baseline vessel performance, substantially exceeding the 15 – 20% achievable through individual technologies. These synergistic effects occur through multiple mechanisms, including optimized system operation, reduced parasitic losses, and enhanced overall system efficiency [49], [58], [66].

### 6.8.1 Integration Strategies and Best Practices

Effective technology integration follows established principles that maximize synergistic benefits:

- **Hierarchical Optimization:** Prioritize technologies with the most significant individual impact and best integration potential. Hull optimization and digital systems typically form the foundation, with propulsion enhancements and specialized systems building upon this base.
- **System-Level Design:** Consider technology interactions during the design phase rather than retrofitting individual solutions. Integrated design can optimize power distribution, control systems, and operational procedures to maximize overall performance.
- **Operational Integration:** Train crew and develop procedures that optimize the coordinated operation of multiple systems. Human factors often determine whether theoretical performance benefits are realized in practical operations.
- **Performance Monitoring and Optimization:** Implement comprehensive monitoring systems that track individual technology performance and overall system efficiency. Continuous optimization based on operational data can enhance performance over time and reveal additional opportunities for optimization.

## 6.9 Future Developments and Emerging Technologies

Energy optimization technology continues to evolve rapidly, driven by advances in materials science, digital systems, and understanding of complex marine systems. Several emerging technologies show potential for significant additional efficiency improvements beyond current state-of-the-art solutions [49], [65].

### 6.9.1 Advanced Materials and Manufacturing

- **Metamaterials and Engineered Surfaces:** Advanced materials with designed micro- and nano-scale structures can provide novel drag reduction mechanisms. Research suggests potential for 10 – 15% drag reduction through carefully engineered surface topographies that manipulate boundary layer flow.
- **Adaptive and Smart Materials:** Materials that can change properties in response to operating conditions offer potential for dynamic optimization of hull and propulsion system performance. Shape-memory alloys and adaptive surfaces could enable real-time optimization of hydrodynamic performance.
- **Advanced Manufacturing Techniques:** Additive manufacturing and precision fabrication enable complex geometries and optimized designs previously impossible with conventional manufacturing. These techniques are up-and-coming for propeller design and energy-saving device optimization.

### 6.9.2 Artificial Intelligence and Machine Learning

- **Autonomous Optimization Systems:** AI systems that can independently identify and implement optimization opportunities without human intervention. These systems could continuously adjust vessel systems for optimal performance across changing conditions.
- **Predictive Performance Management:** Machine learning systems that predict equipment degradation and recommend proactive maintenance to maintain peak efficiency. Integration with digital twins could enable optimization of entire vessel lifecycles.
- **Fleet-Wide Optimization:** AI systems that optimize multiple vessels simultaneously, considering route optimization, cargo allocation, and system coordination across entire fleets. This approach could achieve additional efficiencies impossible with individual vessel optimization.



## 7 Comparative Assessment

The maritime industry faces an unprecedented challenge in achieving net-zero emissions by 2050 while maintaining its critical role in global trade. This thesis has comprehensively examined three interconnected pathways toward maritime decarbonization: regulatory frameworks, alternative and zero-emission fuels, and innovative energy optimization techniques. The comparative assessment of these approaches reveals that no single solution can achieve the industry's ambitious climate targets—instead, success requires coordinated implementation of multiple strategies tailored to specific vessel types, operational profiles, and regional contexts.

### 7.0.1 Regulatory Landscape and Market Drivers

The regulatory framework established by the IMO's 2023 Revised Strategy sets clear targets: at least a 20% reduction in GHG emissions by 2030, 70% by 2040, and net-zero emissions by 2050. These targets are reinforced by regional measures such as the EU's FuelEU Maritime initiative and the extension of the ETS to shipping. The regulatory landscape serves as both a driver and enabler of technological adoption, creating market signals that justify investments in cleaner technologies.

The implementation of EEDI, EEXI, and CII regulations has already demonstrated measurable impacts, with the global fleet achieving a 31% reduction in carbon intensity since 2008. However, the pace of improvement must accelerate significantly to meet 2030 targets, requiring immediate deployment of available technologies while developing longer-term solutions.

### 7.0.2 Fuel Transition Pathways

The comparative analysis of marine fuels reveals a complex landscape of trade-offs between environmental performance, technical feasibility, and economic viability:

#### **Transitional Fuels (2025-2035):**

- **LNG:** Offers immediate 20% CO<sub>2</sub> reduction but faces methane slip challenges limiting lifecycle benefits
- **Biofuels:** Provide drop-in compatibility with 10-30 gCO<sub>2</sub>e/MJ lifecycle emissions but are constrained by feedstock availability
- **Methanol:** Achieves near-zero emissions when produced as e-methanol, but currently costs 2-3 times conventional fuels



**Zero-Emission Fuels (2030-2050):**

- **Green Hydrogen:** Delivers true zero emissions but requires 4-5 times the storage volume of conventional fuels
- **Green Ammonia:** Offers better volumetric density than hydrogen but introduces toxicity and NO<sub>x</sub> challenges
- **Synthetic Fuels:** Enable use of existing infrastructure but require substantial renewable electricity inputs

The analysis demonstrates that fuel selection must consider the vessel type, route characteristics, and availability of infrastructure. Short-sea shipping and ferries are best suited for hydrogen and battery-electric solutions. In contrast, deep-sea vessels will likely rely on ammonia or synthetic fuels due to the higher energy density requirements.

**7.0.3 Energy Optimization Technologies**

Energy efficiency measures provide immediate emission reductions and economic benefits, making them essential bridge solutions during the transition to new fuels. The comparative assessment shows:

- **Air Lubrication Systems:** 5 – 12% fuel savings with proven commercial viability
- **Wind-Assisted Propulsion:** 8 – 20% fuel savings on favorable routes
- **Hybrid Propulsion:** 10 – 20% efficiency gains with enhanced operational flexibility
- **Waste Heat Recovery:** 3 – 8% fuel savings with attractive payback periods
- **Digital Optimization:** 5 – 15% savings through integrated performance management
- **Hull/Propeller Optimization:** 5 – 15% efficiency improvements

When implemented synergistically, these technologies can achieve aggregate fuel savings of 25 – 35%, substantially reducing the fuel volumes required regardless of fuel type and improving the economics of expensive alternative fuels.

**7.1 Integrated Decarbonization Strategy**

The comparative assessment reveals that successful maritime decarbonization requires an integrated approach combining immediate efficiency improvements with progressive fuel transitions. The optimal strategy varies by vessel segment:

**Container Ships and Bulk Carriers:**

- Immediate: Digital optimization, air lubrication, waste heat recovery

- Medium-term: LNG/biofuel blends, wind-assisted propulsion
- Long-term: Green ammonia or e-methanol

**Tankers:**

- Immediate: Hull optimization, digital voyage planning
- Medium-term: VLSFO with efficiency technologies
- Long-term: Green ammonia with specialized safety systems

**Ferries and Short-Sea Vessels:**

- Immediate: Hybrid-electric propulsion, shore power
- Medium-term: Battery-electric for short routes
- Long-term: Green hydrogen fuel cells

**Specialized Vessels:**

- Customized solutions based on operational requirements
- Early adoption of zero-emission technologies in demonstration projects

## 7.2 Economic and Implementation Considerations

The economic analysis reveals significant cost premiums for alternative fuels, with green hydrogen costing 3-5 times and green ammonia 2-4 times more than conventional fuels. However, the total cost of ownership analysis must consider:

1. **Carbon Pricing:** EU ETS and similar mechanisms will add \$80-120/tonne CO<sub>2</sub> by 2030
2. **Regulatory Compliance:** CII ratings affect charter rates and operational flexibility
3. **Technology Learning Curves:** Electrolyzer costs projected to fall 50 – 70% by 2035
4. **Infrastructure Development:** \$100-300 million per major port for alternative fuel facilities

Energy efficiency technologies offer more immediate returns with typical payback periods of 2-7 years, making them attractive for risk-averse operators while providing environmental benefits.

## 7.3 Challenges and Recommendations

### 7.3.1 Technical Challenges

- **Storage and Handling:** Hydrogen and ammonia require new safety protocols and infrastructure
- **System Integration:** Multiple technologies must work harmoniously
- **Reliability:** New technologies must match conventional system reliability
- **Crew Training:** Alternative fuels and complex systems require specialized skills

### 7.3.2 Policy Recommendations

1. **Strengthen Enforcement:** Convert IMO targets to mandatory requirements with clear penalties
2. **Technology Incentives:** Provide financial support for early adopters through subsidies or tax benefits
3. **Infrastructure Investment:** Coordinate public-private partnerships for bunkering infrastructure
4. **R&D Support:** Fund development of breakthrough technologies in storage and fuel production
5. **Regional Harmonization:** Align regulations to prevent competitive distortions

### 7.3.3 Industry Recommendations

1. **Adopt Integrated Approaches:** Combine efficiency technologies with fuel transitions
2. **Collaborate on Infrastructure:** Share costs and risks of alternative fuel development
3. **Invest in Crew Training:** Prepare workforce for new technologies
4. **Engage in Pilot Projects:** Test and validate technologies at commercial scale
5. **Develop Contingency Plans:** Prepare for multiple fuel scenarios

## 7.4 Future Research Directions

This thesis identifies several areas requiring further investigation:

1. **Lifecycle Assessment Standardization:** Develop consistent methodologies for comparing fuel pathways

2. **Safety Protocols:** Establish comprehensive standards for ammonia and hydrogen handling
3. **Economic Modeling:** Refine cost projections incorporating learning curves and scale effects
4. **Technology Integration:** Optimize combinations of efficiency measures and alternative fuels
5. **Social Impacts:** Assess workforce transitions and community effects of port infrastructure changes

## 7.5 Conclusion

The comparative assessment demonstrates that achieving net-zero emissions in shipping by 2050 is technically feasible but requires unprecedented coordination across technology development, infrastructure investment, regulatory frameworks, and operational practices. The pathway forward combines three essential elements:

1. **Immediate Action:** Deploy available energy efficiency technologies to reduce emissions and improve economics
2. **Progressive Fuel Transition:** Adopt cleaner fuels as infrastructure and economics improve
3. **Systemic Change:** Transform business models, operational practices, and industry collaboration

The way the maritime industry responds to the climate challenge will shape not only its environmental footprint but also its future economic prospects in a carbon-constrained world. Success demands an understanding that decarbonization is not just a technical problem to be solved, but represents a profound reorientation of the way maritime transport is practiced in the context of the planet's limits.

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